

## COTTAGE FOOD LAW REPORT

# Guthrie County

Iowa · Guthrie Center · FIPS 19077 · Population 10,689 ·  
Crosodo Index #462\*

## STATE BASELINE

Iowa Code §137F.1 / §137F.20

## STATE TIER

Good

## ANNUAL SALES CAP (STATE)

—

## CONFIDENCE

MEDIUM

## LAST VERIFIED

2026-05-06

**IMPORTANT — NOT LEGAL ADVICE**

This report compiles publicly-available statutes, regulations, and county zoning rules into a research reference. It is **not legal advice** and is provided **without warranty** as to accuracy, completeness, or current applicability.

Cottage food law changes frequently. Counties may amend zoning, health departments may issue new permits, and state legislatures may update statutes after the publication date shown above.

**Always verify rules directly with your state department of health/agriculture and your county health and planning offices before relying on them for any business or regulatory decision.** Consult a licensed attorney for advice specific to your situation.

## How to start — 60-second path

Guthrie County, Iowa — permit, pickup, and label steps before the full county rules.

HOME KITCHEN ALLOWED?

**Yes**

STATE SALES CAP

—

HOME OCCUPATION PERMIT?

**Conditional**

ON-SITE / PORCH PICKUP?

**Yes**

INSPECTION

**No**

PETS

**No state or county-specific rule found; good practice is to exclude pets from food prep areas.**

### BEFORE YOU SELL FROM THIS ADDRESS

- ☐ **1. Menu** — Confirm each product under Iowa cottage food rules (county cannot expand a state ban).
- ☐ **2. Pickup & zoning** — Home occupation and porch pickup cells above; HOA/lease may still block customer traffic.
- ☐ **3. Local tax / license** — Business license or sales tax certificate if your city/parish requires it (common even with no state food permit).
- ☐ **4. Training** — Food handler or state registration before market day.
- ☐ **5. Labels** — Disclaimer, allergens, ingredients, net quantity, producer info.
- ☐ **6. Call if unclear** — County health and planning for your exact address.

### LABEL FIELDS TO INCLUDE

- ☐ Product name · producer name · address (or allowed alternative)
- ☐ Ingredients by weight · major allergens · net weight/quantity
- ☐ Iowa home-kitchen disclaimer (see live label one-pager)

### CONTINUE ONLINE

[Open the live county page →](#)

[Iowa label one-pager →](#)

[Local notes & questions →](#)

Planning path only — not legal advice. Rules change. Always verify with state and local offices before selling.

## IOWA: GUTHRIE COUNTY

CROSODO INDEX #462\* · FIPS 19077 · Guthrie Center

# Guthrie County

Population 10,689 · State baseline: Iowa Code §137F.1 / §137F.20 · **MEDIUM****QUICK VIEW FOR BAKERS IN THIS COUNTY****HOME KITCHEN ALLOWED?**

Yes (No license, registration, or inspection required under Iowa cottage food exemption (Iowa Code §137F.20). Allowed non-TCS foods include baked goods, candies, condiments, dried goods, pastries, preserves, and snacks. Acidified foods (pickles, salsas) allowed if each batch is pH-tested ( $\text{pH} \leq 4.6$ ) or water-activity tested ( $\text{Aw} \leq 0.85$ ) with production date labeled. Iowa Code §137F.20(1) expressly preempts local governments from adding restrictions beyond state law.)

**SEPARATE KITCHEN REQUIRED?**

No

**PETS ALLOWED?**

No state or county-specific rule found; good practice is to exclude pets from food prep areas.

**HOME OCCUPATION PERMIT?**

Conditional (Iowa rural county zoning ordinances typically require a home occupation permit or conditional use approval for home-based businesses in unincorporated areas. Business must be incidental to residential use with no exterior evidence of commercial activity and limited customer traffic. Iowa Code §137F.20(1) preempts food-specific restrictions; Iowa Code §414.33 preempts city-level home business restrictions. County zoning governs unincorporated areas.)

**ON-SITE / PORCH PICKUP?**

Yes

**INSPECTION REQUIRED?**

No (No routine inspection. Iowa DIAL (Dept. of Inspections, Appeals, and Licensing) may investigate upon complaint of foodborne illness.)

**Home kitchen rules****HOME KITCHEN ALLOWED**

Yes — No license, registration, or inspection required under Iowa cottage food exemption (Iowa Code §137F.20). Allowed non-TCS foods include baked goods, candies, condiments, dried goods, pastries, preserves, and snacks. Acidified foods (pickles, salsas) allowed if each batch is pH-tested ( $\text{pH} \leq 4.6$ ) or water-activity tested ( $\text{Aw} \leq 0.85$ ) with production date labeled. Iowa Code §137F.20(1) expressly preempts local governments from adding restrictions beyond state law.

**SEPARATE DEDICATED KITCHEN**

No

**PET RESTRICTIONS**

No state or county-specific rule found; good practice is to exclude pets from food prep areas.

**WATER SUPPLY**

No specific private water testing required under Iowa cottage food law.

**HANDWASHING**

Standard handwashing practices expected; no formal county requirement beyond state food safety guidance.

**FOOD STORAGE**

Cottage food products must be stored to prevent contamination; TCS foods not permitted under the cottage food exemption.

## Inspection & permitting

|                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| INSPECTION REQUIRED    | No — No routine inspection. Iowa DIAL (Dept. of Inspections, Appeals, and Licensing) may investigate upon complaint of foodborne illness.                                                                                                                                                                                                                                                                                                                                          |
| HOME OCCUPATION PERMIT | Conditional — Iowa rural county zoning ordinances typically require a home occupation permit or conditional use approval for home-based businesses in unincorporated areas. Business must be incidental to residential use with no exterior evidence of commercial activity and limited customer traffic. Iowa Code §137F.20(1) preempts food-specific restrictions; Iowa Code §414.33 preempts city-level home business restrictions. County zoning governs unincorporated areas. |
| LOCAL BUSINESS LICENSE | No                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |

## Customer-facing rules

|                         |                                                                                                                                                                                                                                                                                                 |
|-------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| ON-SITE CUSTOMER PICKUP | Yes                                                                                                                                                                                                                                                                                             |
| ON-SITE SIGNAGE         | Conditional                                                                                                                                                                                                                                                                                     |
| DELIVERY / PICKUP RULES | Direct-to-consumer sales only under the cottage food exemption. Customers may pick up at home, or operator may sell at farmers markets, roadside stands, or events. No wholesale or retail indirect sales under the cottage food exemption (separate HFPE license required for indirect sales). |
| MAX EMPLOYEES IN HOME   | No specific limit under Iowa cottage food law; county home occupation rules may limit non-resident employees.                                                                                                                                                                                   |

## Relevant county code

Iowa Code §137F.20 (state preemption of local cottage food restrictions); county zoning ordinance home occupation provisions

### RESEARCH NOTES

Iowa state baseline applies. Iowa Code §137F.20 expressly preempts local governments from restricting cottage food operations beyond state law. No Guthrie County-specific cottage food ordinance found. County zoning may require a home occupation permit for the business aspect but cannot add food safety restrictions beyond state law. Iowa DIAL reorganized in 2023 but cottage food rules unchanged. Medium confidence — county zoning ordinance text not directly retrieved.

### SOURCES VERIFIED AT RESEARCH TIME

<https://www.guthriecountyiowa.org>

<https://www.legis.iowa.gov/docs/code/137F.pdf>

**Questions about this county?** Local notes and a place to leave a question: [crosodo.com/nb/iowa/guthrie-county-discuss](https://crosodo.com/nb/iowa/guthrie-county-discuss)

## Bordering counties — cottage food law

| Regulation                 | Guthrie County                                                                                                                                 | Adair County                                                                                                                                   | Audubon County                                                                                                                                 |
|----------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|
| HOME KITCHEN ALLOWED       | Yes                                                                                                                                            | Yes                                                                                                                                            | Yes                                                                                                                                            |
| SEPARATE DEDICATED KITCHEN | No                                                                                                                                             | No                                                                                                                                             | No                                                                                                                                             |
| PETS ALLOWED               | No state or county-specific rule found; good practice is to exclude pets from food prep areas.                                                 | No state or county-specific rule found; good practice is to exclude pets from food prep areas.                                                 | No state or county-specific rule found; good practice is to exclude pets from food prep areas.                                                 |
| INSPECTION REQUIRED        | No                                                                                                                                             | No                                                                                                                                             | No                                                                                                                                             |
| ON-SITE CUSTOMER PICKUP    | Yes                                                                                                                                            | Yes                                                                                                                                            | Yes                                                                                                                                            |
| ON-SITE SIGNAGE            | Conditional                                                                                                                                    | Conditional                                                                                                                                    | Conditional                                                                                                                                    |
| DELIVERY / PICKUP          | Direct-to-consumer sales only under the cottage food exemption. Customers may pick up at home, or operator may sell at farmers markets, roa... | Direct-to-consumer sales only. Customers may pick up at home, or operator may sell at farmers markets, roadside stands, events. No wholesal... | Direct-to-consumer sales only under the cottage food exemption. Customers may pick up at home, or operator may sell at farmers markets, roa... |
| HOME OCCUPATION PERMIT     | Conditional                                                                                                                                    | Conditional                                                                                                                                    | Conditional                                                                                                                                    |
| LOCAL BUSINESS LICENSE     | No                                                                                                                                             | No                                                                                                                                             | No                                                                                                                                             |
| RESTRICTIONS               | No license, registration, or inspection required under Iowa cottage food exemption (Iowa Code §137F.20). Allowed non-TCS foods include bake... | No license, registration, or inspection required under the Iowa cottage food exemption (§137F.20). Producers may sell non-TCS foods includi... | No license, registration, or inspection required under Iowa cottage food exemption (Iowa Code §137F.20). Allowed non-TCS foods include bake... |
| FOOD STORAGE               | Cottage food products must be stored to prevent contamination; TCS foods not permitted under the cottage food exemption.                       | Cottage food products must be stored to prevent contamination; TCS foods not permitted under the exemption.                                    | Cottage food products must be stored to prevent contamination; TCS foods not permitted under the cottage food exemption.                       |
| POPULATION                 | 10,689                                                                                                                                         | 7,152                                                                                                                                          | 5,481                                                                                                                                          |

## State context — Iowa cottage food law

Guthrie County's rules sit on top of Iowa's state cottage food framework. The state law sets the floor — counties can add but cannot remove protections.

|                                                                                                                                                                                                                              |                   |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|
| STATUTE                                                                                                                                                                                                                      | ANNUAL SALES CAP  |
| Iowa Code §137F.1 / §137F.20                                                                                                                                                                                                 | —                 |
| REGISTRATION REQUIRED                                                                                                                                                                                                        | FOOD HANDLER CERT |
| No                                                                                                                                                                                                                           | No                |
| KITCHEN INSPECTION                                                                                                                                                                                                           | DIRECT SALES ONLY |
| No                                                                                                                                                                                                                           | Yes               |
| INDIRECT SALES                                                                                                                                                                                                               |                   |
| Limited (see notes) — Cottage food direct-to-consumer sales only; however, a separate Home Food Processing Establishment (HFPE) license allows indirect retail and wholesale sales of almost any food including perishables. |                   |

For the full state-level analysis including the verbatim statute text, see the [Iowa cottage food law report](#) on Crosodo, or open the live guide: [crosodo.com/states/iowa](https://crosodo.com/states/iowa).

### STATE-LEVEL REFERENCES

State statute: <https://www.legis.iowa.gov/docs/code/137F.pdf>

State dept cottage food page: <https://dia.iowa.gov/food-safety/home-food-establishment>

Forrager.com: <https://forrager.com/law/iowa/>

**Questions about Guthrie County?** Local notes and a place to leave a question are on Crosodo. We monitor new threads — start with zoning, permits, or porch pickup.

[crosodo.com/nb/iowa/guthrie-county-discuss](https://crosodo.com/nb/iowa/guthrie-county-discuss)

## Classifieds

Resources for cottage food & home bakers · [crosodo.com/advertise](https://crosodo.com/advertise)

### NATIONAL

#### SUPPLIES

##### Advertise here — Supplies

Reach home bakers across the country. [crosodo.com/advertise](https://crosodo.com/advertise)

#### COURSES

##### Advertise here — Courses

Reach home bakers across the country. [crosodo.com/advertise](https://crosodo.com/advertise)

#### INSURANCE

##### Advertise here — Insurance

Reach home bakers across the country. [crosodo.com/advertise](https://crosodo.com/advertise)

### LOCAL

#### Advertise here

Reach home bakers in Guthrie County, Iowa. Supply stores, farmers markets, kitchen rentals, and bakery services welcome.

[crosodo.com/advertise](https://crosodo.com/advertise)

#### Your business here

Local cottage food listings, kitchen rentals, co-packer referrals, and community events — post yours on Crosodo.

[crosodo.com/nb/iowa/guthrie-county-discuss](https://crosodo.com/nb/iowa/guthrie-county-discuss)

#### Free ad space available

Let us know if you're a non-profit or community organization. Farmers markets, kitchen rentals, and cottage food events near you welcome.

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