

COTTAGE FOOD LAW REPORT

Lafourche Parish

Louisiana · Thibodaux · FIPS 22057 · Population 97,220 ·
Crosodo Index #2125*

STATE BASELINE	STATE TIER	ANNUAL SALES CAP (STATE)	CONFIDENCE	LAST VERIFIED
La. R.S. §40:4.13	Okay	30000	MEDIUM	2026-05-05

IMPORTANT — NOT LEGAL ADVICE

This report compiles publicly-available statutes, regulations, and county zoning rules into a research reference. It is **not legal advice** and is provided **without warranty** as to accuracy, completeness, or current applicability.

Cottage food law changes frequently. Counties may amend zoning, health departments may issue new permits, and state legislatures may update statutes after the publication date shown above.

Always verify rules directly with your state department of health/agriculture and your county health and planning offices before relying on them for any business or regulatory decision. Consult a licensed attorney for advice specific to your situation.

How to start — 60-second path

Lafourche Parish, Louisiana — permit, pickup, and label steps before the full county rules.

HOME KITCHEN ALLOWED?

Yes

STATE SALES CAP

30000

HOME OCCUPATION PERMIT?

Varies

ON-SITE / PORCH PICKUP?

Yes

INSPECTION

No

PETS

Pets must be excluded from food preparation areas during production of breads, cakes, cookies, and pies.

BEFORE YOU SELL FROM THIS ADDRESS

- ☐ **1. Menu** — Confirm each product under Louisiana cottage food rules (county cannot expand a state ban).
- ☐ **2. Pickup & zoning** — Home occupation and porch pickup cells above; HOA/lease may still block customer traffic.
- ☐ **3. Local tax / license** — Business license or sales tax certificate if your city/parish requires it (common even with no state food permit).
- ☐ **4. Training** — Food handler or state registration before market day.
- ☐ **5. Labels** — Disclaimer, allergens, ingredients, net quantity, producer info.
- ☐ **6. Call if unclear** — County health and planning for your exact address.

LABEL FIELDS TO INCLUDE

- ☐ Product name · producer name · address (or allowed alternative)
- ☐ Ingredients by weight · major allergens · net weight/quantity
- ☐ Louisiana home-kitchen disclaimer (see live label one-pager)

CONTINUE ONLINE

[Open the live county page →](#)

[Louisiana label one-pager →](#)

[Local notes & questions →](#)

Planning path only — not legal advice. Rules change. Always verify with state and local offices before selling.

LOUISIANA: LAFOURCHE PARISH

CROSODO INDEX #2125* · FIPS 22057 · Thibodaux

Lafourche Parish

Population 97,220 · State baseline: La. R.S. §40:4.13 · MEDIUM

QUICK VIEW FOR BAKERS IN THIS COUNTY

HOME KITCHEN ALLOWED?

Yes (Louisiana cottage food law allows low-risk foods including baked goods, cane syrup, dried mixes, honey, jams/jellies/preserves, pickles and acidified foods, sauces and syrups, spices. \$30,000 annual sales cap (raised from \$20,000 in 2022). No state registration required but a sales tax certificate from the parish of sale is required before selling. Special requirements for breads/cakes/cookies/pies: no employees may assist production, pets excluded from preparation areas, refrigeration at 45°F or below for perishable ingredients. No foods containing animal muscle protein or fish protein.)

SEPARATE KITCHEN REQUIRED?

No

PETS ALLOWED?

Pets must be excluded from food preparation areas during production of breads, cakes, cookies, and pies.

HOME OCCUPATION PERMIT?

Varies (Lafourche Parish may have home occupation requirements in unincorporated areas or in Thibodaux. Louisiana state law does not preempt local zoning for cottage food. Operators should verify with Lafourche Parish Planning and Zoning.)

ON-SITE / PORCH PICKUP?

Yes

INSPECTION REQUIRED?

No (Louisiana Department of Health has no routine inspection authority for cottage food operations.)

Home kitchen rules

HOME KITCHEN ALLOWED

Yes — Louisiana cottage food law allows low-risk foods including baked goods, cane syrup, dried mixes, honey, jams/jellies/preserves, pickles and acidified foods, sauces and syrups, spices. \$30,000 annual sales cap (raised from \$20,000 in 2022). No state registration required but a sales tax certificate from the parish of sale is required before selling. Special requirements for breads/cakes/cookies/pies: no employees may assist production, pets excluded from preparation areas, refrigeration at 45°F or below for perishable ingredients. No foods containing animal muscle protein or fish protein.

SEPARATE DEDICATED KITCHEN

No

PET RESTRICTIONS

Pets must be excluded from food preparation areas during production of breads, cakes, cookies, and pies.

WATER SUPPLY

No specific water supply requirement stated in Louisiana cottage food law.

HANDWASHING

No specific statutory requirement; good manufacturing practices recommended.

FOOD STORAGE

Perishable ingredients requiring refrigeration must be kept at 45°F or below. Products must be shelf-stable or meet temperature requirements.

Inspection & permitting

INSPECTION REQUIRED

No — Louisiana Department of Health has no routine inspection authority for cottage food operations.

HOME OCCUPATION PERMIT

Varies — Lafourche Parish may have home occupation requirements in unincorporated areas or in Thibodaux. Louisiana state law does not preempt local zoning for cottage food. Operators should verify with Lafourche Parish Planning and Zoning.

LOCAL BUSINESS LICENSE

Yes

Customer-facing rules

ON-SITE CUSTOMER PICKUP	Yes
ON-SITE SIGNAGE	Conditional
DELIVERY / PICKUP RULES	Direct and indirect sales allowed for most low-risk foods. Sales at farmers markets, events, from home, and to retail stores permitted. Sales of breads/cakes/cookies/pies are direct sales only (no employees to assist production).
MAX EMPLOYEES IN HOME	No employees may assist in production of breads, cakes, cookies, and pies under Louisiana cottage food law.

Relevant county code

No Lafourche Parish-specific cottage food code identified.

RESEARCH NOTES

No Lafourche Parish-specific cottage food rules found. Louisiana cottage food has an unusual requirement for a parish sales tax certificate before selling. The \$30,000 cap was raised by HB 828 (Act 357, 2022). Louisiana allows indirect sales of most low-risk foods, which is notable. Thibodaux is home to Nicholls State University. The Louisiana R.S. citation could not be confirmed as §40:4.13; operative section may be §40:4.9. Sales tax certificate requirement is distinctive.

SOURCES VERIFIED AT RESEARCH TIME

<https://www.lafourchecounty.gov>

<https://ldh.la.gov/page/cottage-food-laws>

<https://www.legis.la.gov/Legis/Law.aspx?d=98863>

Questions about this county? Local notes and a place to leave a question: crosodo.com/nb/louisiana/lafourche-parish-discuss

Bordering counties — cottage food law

Regulation	Lafourche Parish	Terrebonne Parish	St. Charles Parish
HOME KITCHEN ALLOWED	Yes	Yes	Yes
SEPARATE DEDICATED KITCHEN	No	No	No
PETS ALLOWED	Pets must be excluded from food preparation areas during production of breads, cakes, cookies, and pies.	Pets must be excluded from food preparation areas, specifically for baked goods category (breads, cakes, cookies, pies).	Pets excluded from preparation areas required for breads/cakes/cookies/pies (four named baked goods categories).
INSPECTION REQUIRED	No	No	No
ON-SITE CUSTOMER PICKUP	Yes	Yes	Conditional
ON-SITE SIGNAGE	Conditional	Conditional	No
DELIVERY / PICKUP	Direct and indirect sales allowed for most low-risk foods. Sales at farmers markets, events, from home, and to retail stores permitted. Sal...	Direct-to-consumer and some indirect sales permitted. Most low-risk foods can be sold indirectly, with additional restrictions for the four...	No customer visits or on-site sales unless specifically authorized by the Planning Director. Sales must occur through other direct-to-consu...
HOME OCCUPATION PERMIT	Varies	Conditional	Yes
LOCAL BUSINESS LICENSE	Yes	Yes	Yes
RESTRICTIONS	Louisiana cottage food law allows low-risk foods including baked goods, cane syrup, dried mixes, honey, jams/jellies/preserves, pickles and...	Louisiana allows low-risk foods including baked goods, candies, cane syrup, dried mixes, honey, jams/jellies/preserves, pickles and acidifi...	Production in home kitchen. Annual gross sales cap of \$30,000. Allowed low-risk foods include baked goods, candies, cane syrup, dried mixes...
FOOD STORAGE	Perishable ingredients requiring refrigeration must be kept at 45°F or below. Products must be shelf-stable or meet temperature requirement...	Perishable ingredients must be refrigerated at 45°F or below. Foods containing animal muscle protein or fish protein prohibited. Low-acid c...	Perishable ingredients must be refrigerated at 45°F or below for the four named baked goods categories.
POPULATION	97,220	108,862	52,191

State context — Louisiana cottage food law

Lafourche Parish's rules sit on top of Louisiana's state cottage food framework. The state law sets the floor — counties can add but cannot remove protections.

STATUTE	ANNUAL SALES CAP
La. R.S. §40:4.13	30000
REGISTRATION REQUIRED	FOOD HANDLER CERT
No	No
KITCHEN INSPECTION	DIRECT SALES ONLY
No	No
INDIRECT SALES	
Limited (see notes) — Most low-risk foods may be sold indirectly (to restaurants, retail stores), but breads, cakes, cookies, and pies specifically may NOT be sold to any retail business or individual for resale — they are direct-to-consumer only.	

For the full state-level analysis including the verbatim statute text, see the [Louisiana cottage food law report](#) on Crosodo, or open the live guide: crosodo.com/states/louisiana.

STATE-LEVEL REFERENCES

State statute: <https://www.legis.la.gov/Legis/Law.aspx?d=98863>

State dept cottage food page: <https://ldh.la.gov/page/cottage-food-laws>

Forrager.com: <https://forrager.com/law/louisiana/>

Questions about Lafourche Parish? Local notes and a place to leave a question are on Crosodo. We monitor new threads — start with zoning, permits, or porch pickup.

crosodo.com/nb/louisiana/lafourche-parish-discuss

Classifieds

Resources for cottage food & home bakers · crosodo.com/advertise

NATIONAL

SUPPLIES

Advertise here — Supplies

Reach home bakers across the country. crosodo.com/advertise

COURSES

Advertise here — Courses

Reach home bakers across the country. crosodo.com/advertise

INSURANCE

Advertise here — Insurance

Reach home bakers across the country. crosodo.com/advertise

LOCAL

Advertise here

Reach home bakers in Lafourche Parish, Louisiana. Supply stores, farmers markets, kitchen rentals, and bakery services welcome.

crosodo.com/advertise

Your business here

Local cottage food listings, kitchen rentals, co-packer referrals, and community events — post yours on Crosodo.

crosodo.com/nb/louisiana/lafourche-parish-discuss

Free ad space available

Let us know if you're a non-profit or community organization. Farmers markets, kitchen rentals, and cottage food events near you welcome.

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