

COTTAGE FOOD LAW REPORT

Monroe County

Missouri · Paris · FIPS 29137 · Population 8,890 · Crosodo
Index #1435*

STATE BASELINE

Mo. Rev. Stat. §196.298

STATE TIER

Great

ANNUAL SALES CAP (STATE)

—

CONFIDENCE

MEDIUM

LAST VERIFIED

2026-05-06

IMPORTANT — NOT LEGAL ADVICE

This report compiles publicly-available statutes, regulations, and county zoning rules into a research reference. It is **not legal advice** and is provided **without warranty** as to accuracy, completeness, or current applicability.

Cottage food law changes frequently. Counties may amend zoning, health departments may issue new permits, and state legislatures may update statutes after the publication date shown above.

Always verify rules directly with your state department of health/agriculture and your county health and planning offices before relying on them for any business or regulatory decision. Consult a licensed attorney for advice specific to your situation.

How to start — 60-second path

Monroe County, Missouri — permit, pickup, and label steps before the full county rules.

HOME KITCHEN ALLOWED?

Yes

STATE SALES CAP

—

HOME OCCUPATION PERMIT?

Yes

ON-SITE / PORCH PICKUP?

Conditional

INSPECTION

No

PETS

No explicit state restriction; standard food safety practices apply.

BEFORE YOU SELL FROM THIS ADDRESS

- ☐ **1. Menu** — Confirm each product under Missouri cottage food rules (county cannot expand a state ban).
- ☐ **2. Pickup & zoning** — Home occupation and porch pickup cells above; HOA/lease may still block customer traffic.
- ☐ **3. Local tax / license** — Business license or sales tax certificate if your city/parish requires it (common even with no state food permit).
- ☐ **4. Training** — Food handler or state registration before market day.
- ☐ **5. Labels** — Disclaimer, allergens, ingredients, net quantity, producer info.
- ☐ **6. Call if unclear** — County health and planning for your exact address.

LABEL FIELDS TO INCLUDE

- ☐ Product name · producer name · address (or allowed alternative)
- ☐ Ingredients by weight · major allergens · net weight/quantity
- ☐ Missouri home-kitchen disclaimer (see live label one-pager)

CONTINUE ONLINE

[Open the live county page →](#)

[Missouri label one-pager →](#)

[Local notes & questions →](#)

Planning path only — not legal advice. Rules change. Always verify with state and local offices before selling.

MISSOURI: MONROE COUNTY

CROSODO INDEX #1435* · FIPS 29137 · Paris

Monroe County

Population 8,890 · State baseline: Mo. Rev. Stat. §196.298 · MEDIUM

QUICK VIEW FOR BAKERS IN THIS COUNTY

HOME KITCHEN ALLOWED?

Yes (Missouri Cottage Law is narrow: only nonperishable baked goods, canned jams/jellies, and dried herbs/mixes are permitted. All other foods require food establishment licensing. Direct sales only; no consignment or wholesale. Online/in-state shipping allowed since 2022 amendment. No sales cap. Local health departments prohibited from regulating cottage food production per §196.298(3)(1).)

SEPARATE KITCHEN REQUIRED?

No

PETS ALLOWED?

No explicit state restriction; standard food safety practices apply.

HOME OCCUPATION PERMIT?

Yes (Monroe County typically requires a home occupation permit for home-based businesses in residential zones. Business must be secondary to residential use. Common conditions: no on-site employees beyond household members, no external signage, limited customer visits, no hazardous materials. Missouri Cottage Law (§196.298) prohibits local health departments from regulating production, but zoning/home occupation permits are a separate local requirement. Many rural Missouri counties have limited formal zoning in unincorporated areas; verify with the Paris county courthouse.)

ON-SITE / PORCH PICKUP?

Conditional

INSPECTION REQUIRED?

No (No routine inspections under cottage law. Health departments may investigate foodborne illness reports.)

Home kitchen rules

HOME KITCHEN ALLOWED	Yes — Missouri Cottage Law is narrow: only nonperishable baked goods, canned jams/jellies, and dried herbs/mixes are permitted. All other foods require food establishment licensing. Direct sales only; no consignment or wholesale. Online/in-state shipping allowed since 2022 amendment. No sales cap. Local health departments prohibited from regulating cottage food production per §196.298(3)(1).
SEPARATE DEDICATED KITCHEN	No
PET RESTRICTIONS	No explicit state restriction; standard food safety practices apply.
WATER SUPPLY	Potable water supply required.
HANDWASHING	Adequate handwashing per food safety practices.
FOOD STORAGE	Shelf-stable storage for baked goods, jams, jellies, dried herbs.

Inspection & permitting

INSPECTION REQUIRED	No — No routine inspections under cottage law. Health departments may investigate foodborne illness reports.
HOME OCCUPATION PERMIT	Yes — Monroe County typically requires a home occupation permit for home-based businesses in residential zones. Business must be secondary to residential use. Common conditions: no on-site employees beyond household members, no external signage, limited customer visits, no hazardous materials. Missouri Cottage Law (§196.298) prohibits local health departments from regulating production, but zoning/home occupation permits are a separate local requirement. Many rural Missouri counties have limited formal zoning in unincorporated areas; verify with the Paris county courthouse.
LOCAL BUSINESS LICENSE	Varies

Customer-facing rules

ON-SITE CUSTOMER PICKUP	Conditional
ON-SITE SIGNAGE	No
DELIVERY / PICKUP RULES	Direct sales at home and in-state delivery. Farmers markets, online sales with in-state delivery allowed since 2022. No interstate sales.
MAX EMPLOYEES IN HOME	Typically household members only per home occupation permit conditions.

Relevant county code

Monroe County Zoning Ordinance (home occupations, if applicable); Mo. Rev. Stat. §196.298

RESEARCH NOTES

Missouri's cottage food law (§196.298) is narrow (baked goods, jams/jellies, dried herbs only) with no sales cap and no registration or inspection required. Local health departments are explicitly prohibited from regulating cottage food production. Monroe County is a largely rural county; many unincorporated areas may lack formal zoning, but where residential zoning exists a home occupation permit is typically required as in most Missouri counties. The county seat is Paris. Defaulted to state baseline with medium confidence due to limited county-specific zoning data found in research. Producers should verify directly with the Monroe County Courthouse or planning/zoning office for current home occupation permit requirements.

SOURCES VERIFIED AT RESEARCH TIME

<https://www.monroecounty.gov>

<https://health.mo.gov/safety/foodsafety/pdf/home-based-kitchen-food-prod-guidance.pdf>

<https://revisor.mo.gov/main/OneSection.aspx?section=196.298>

Questions about this county? Local notes and a place to leave a question: crosodo.com/nb/missouri/monroe-county-discuss

Bordering counties — cottage food law

Regulation	Monroe County	Audrain County	Macon County
HOME KITCHEN ALLOWED	Yes	Yes	Yes
SEPARATE DEDICATED KITCHEN	No	No	No
PETS ALLOWED	No explicit state restriction; standard food safety practices apply.	No explicit state-level pet restriction for cottage food operations under Missouri law. Standard sanitation practices recommended.	No explicit state restriction; standard food safety practices apply.
INSPECTION REQUIRED	No	No	No
ON-SITE CUSTOMER PICKUP	Conditional	Yes	Conditional
ON-SITE SIGNAGE	No	Conditional	No
DELIVERY / PICKUP	Direct sales at home and in-state delivery. Farmers markets, online sales with in-state delivery allowed since 2022. No interstate sales.	Missouri cottage food law allows direct-to-consumer sales from home, online (in-state shipping as of 2022), and at events/farmers markets. ...	Direct sales at home and in-state delivery. Farmers markets, online sales with in-state delivery allowed since 2022. No interstate sales.
HOME OCCUPATION PERMIT	Yes	Varies	Yes
LOCAL BUSINESS LICENSE	Varies	Varies	Varies
RESTRICTIONS	Missouri Cottage Law is narrow: only nonperishable baked goods, canned jams/jellies, and dried herbs/mixes are permitted. All other foods r...	Missouri state law (§196.298) permits home kitchen production of nonperishable baked goods, canned jams and jellies, and dried herbs and he...	Missouri Cottage Law is narrow: only nonperishable baked goods, canned jams/jellies, and dried herbs/mixes are permitted. All other foods r...
FOOD STORAGE	Shelf-stable storage for baked goods, jams, jellies, dried herbs.	Products must be properly stored to prevent contamination. No state-mandated specific storage requirements for cottage food.	Shelf-stable storage for baked goods, jams, jellies, dried herbs.
POPULATION	8,668	24,873	15,173

State context — Missouri cottage food law

Monroe County's rules sit on top of Missouri's state cottage food framework. The state law sets the floor — counties can add but cannot remove protections.

STATUTE

Mo. Rev. Stat. §196.298

ANNUAL SALES CAP

—

REGISTRATION REQUIRED

No

FOOD HANDLER CERT

No

KITCHEN INSPECTION

No

DIRECT SALES ONLY

Yes

INDIRECT SALES

No — Under §196.298, sales must be directly to consumers from the producer's home. Events, farmers markets, restaurants, retail stores, and roadside stands are not permitted under this law. Internet/online sales are allowed but only if both the producer and buyer are located in Missouri. Local health departments are explicitly prohibited from regulating the production of food at cottage food operations. A separate Missouri statute (individual stands law) allows sales at events and roadside stands in counties that have adopted it, permitting most other nonperishable foods.

For the full state-level analysis including the verbatim statute text, see the [Missouri cottage food law report](#) on Crosodo, or open the live guide: crosodo.com/states/missouri.

STATE-LEVEL REFERENCES

State statute: <https://revisor.mo.gov/main/OneSection.aspx?section=196.298>

State dept cottage food page: <https://health.mo.gov/safety/foodsafety/cottagefood.php>

Forrager.com: <https://forrager.com/law/missouri/>

Questions about Monroe County? Local notes and a place to leave a question are on Crosodo. We monitor new threads — start with zoning, permits, or porch pickup.

crosodo.com/nb/missouri/monroe-county-discuss

Classifieds

Resources for cottage food & home bakers · crosodo.com/advertise

NATIONAL

SUPPLIES

Advertise here — Supplies

Reach home bakers across the country. crosodo.com/advertise

COURSES

Advertise here — Courses

Reach home bakers across the country. crosodo.com/advertise

INSURANCE

Advertise here — Insurance

Reach home bakers across the country. crosodo.com/advertise

LOCAL

Advertise here

Reach home bakers in Monroe County, Missouri. Supply stores, farmers markets, kitchen rentals, and bakery services welcome.

crosodo.com/advertise

Your business here

Local cottage food listings, kitchen rentals, co-packer referrals, and community events — post yours on Crosodo.

crosodo.com/nb/missouri/monroe-county-discuss

Free ad space available

Let us know if you're a non-profit or community organization. Farmers markets, kitchen rentals, and cottage food events near you welcome.

Ads are paid placements. Crosodo does not endorse listed vendors. Verify all information independently. · To advertise: crosodo.com/advertise