

COTTAGE BAKERY FROM HOME

Can I sell from my kitchen in Pulaski County, Arkansas?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-05.

STATE FOOD PERMIT

No

HOME OCCUPATION

No

BUSINESS LICENSE

No

SALES CAP

—

ARKANSAS RULES. OPEN THESE FIRST.

[Arkansas permits PDF](#)[Arkansas cottage food law page](#)[Arkansas Department of Health cottage food program](#)[Statute: A.C.A. §20-57-201 \(Act 1040 of 2021\)](#)**NOT LEGAL ADVICE**

This is what it takes to sell from a home kitchen in Pulaski County. Confirm each step with Planning, Health, and the license office before you sell.

What you need

Pulaski County, Arkansas. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

No

ANNUAL SALES CAP

—

HOME OCCUPATION / ZONING

No

LOCAL HEALTH

No

BUSINESS LICENSE

No

PICKUP AT THE HOUSE

Yes

HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

CONTINUE ONLINE

Arkansas permits PDF →

<https://crosodo.com/reports/pdf/permits/arkansas.pdf>

Arkansas cottage food law page →

<https://crosodo.com/states/arkansas>

Permit page for this place →

<https://crosodo.com/what-permits/arkansas/pulaski-county>

Pulaski County cottage food law page →

<https://crosodo.com/states/arkansas/pulaski-county>

Not legal advice. Rules change. Confirm with the office before you file.

Where to file

State

Arkansas registration: No. Routine kitchen inspection: No. Retail and wholesale sales are allowed so long as the product is sold to an informed end consumer who can see the product label; sales to businesses for ingredient use or gift resale are not permitted.

Arkansas permits PDF: crosodo.com/reports/pdf/permits/arkansas.pdf

State law page: crosodo.com/states/arkansas

Arkansas Department of Health: <https://www.healthy.arkansas.gov/programs-services/topics/cottage-food>

Statute: [A.C.A. §20-57-201 \(Act 1040 of 2021\)](#)

Zoning / home occupation

No. Arkansas Food Freedom Act expressly preempts both state and local government from restricting home food producers. No home occupation permit required for cottage food operations. Pulaski County and Little Rock cannot impose additional permits, licenses, or inspections on cottage food operations.

Health

No. No inspection required or permitted under Arkansas Food Freedom Act. State preempts local regulation.

Business license

No

Pickup / delivery

No restrictions on sales channels: direct sales, farmers markets, online, interstate, retail, and wholesale to informed end consumers all permitted.

If you rent a commissary kitchen

A commissary needs a food-service permit. Arkansas cottage food does not replace a food-service permit. Shared and commercial kitchens are permitted by the Arkansas Department of Health.

Official source: [AR DOH food protection](#)

Local health office we have on file: <https://www.pulaskicounty.net>

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

SOURCES

<https://www.pulaskicounty.net>

<https://www.healthy.arkansas.gov/programs-services/topics/cottage-food>

Pulaski County and nearby places

Regulation	Pulaski County	Faulkner County	Saline County
HOME KITCHEN ALLOWED	Yes	Yes	Yes
SEPARATE DEDICATED KITCHEN	No	No	No
PETS ALLOWED	No specific restriction in Arkansas Food Freedom Act.	No specific state or county restrictions beyond standard sanitation.	No specific restrictions beyond standard sanitation under Freedom Act.
INSPECTION REQUIRED	No	No	No
ON-SITE CUSTOMER PICKUP	Yes	Yes	Yes
ON-SITE SIGNAGE	Yes	Yes	Yes
DELIVERY / PICKUP	No restrictions on sales channels: direct sales, farmers markets, online, interstate, retail, and wholesale to informed end consumers all p...	Arkansas allows direct and indirect sales including online, retail/wholesale channels, and interstate sales. No channel restrictions under ...	Arkansas allows direct and indirect sales; online, retail/wholesale, and interstate sales all permitted. No channel restrictions under the ...
HOME OCCUPATION PERMIT	No	No	No
LOCAL BUSINESS LICENSE	No	No	No
RESTRICTIONS	Arkansas Food Freedom Act (A.C.A. §20-57-201, Act 1040 of 2021) allows almost all nonperishable, non-potentially hazardous foods directly t...	Arkansas Food Freedom Act expressly preempts state AND local government restrictions on home food producers. Must operate from primary resi...	Arkansas Food Freedom Act expressly preempts state AND local government restrictions on home food producers. Must operate from primary resi...
FOOD STORAGE	Non-perishable, non-potentially hazardous foods. Acidified foods (pickles, etc.) require pH testing at or below 4.6 with batch-number label...	Shelf-stable products stored per common food safety practices. Acidified foods (pickles) require pH testing (final pH ≤4.6) and batch-numbe...	Shelf-stable products; acidified foods require pH testing (pH ≤4.6) and batch records.
POPULATION	398,322	124,611	123,988

More pages for this place

These Crosodo pages cover the same home cottage-food path:

Arkansas permits PDF: crosodo.com/reports/pdf/permits/arkansas.pdf

Arkansas cottage food law: crosodo.com/states/arkansas

Pulaski County cottage food law: crosodo.com/states/arkansas/pulaski-county