

COTTAGE BAKERY FROM HOME

Can I sell from my kitchen in New London County, Connecticut?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-06.

STATE FOOD PERMIT

HOME OCCUPATION

Yes

Yes (municipal zoning approval required before applying for CT DCP license)

BUSINESS LICENSE

Varies by municipality; Waterford requires Home Occupation permit from ZEO; no county-level business license

SALES CAP

\$50,000 / year

CONNECTICUT RULES. OPEN THESE FIRST.

[Connecticut permits PDF](#)[Connecticut cottage food law page](#)[Connecticut Department of Consumer Protection cottage food program](#)[Statute: Conn. Gen. Stat. §21a-62a](#)**NOT LEGAL ADVICE**

This is what it takes to sell from a home kitchen in New London County. Confirm each step with Planning, Health, and the license office before you sell.

What you need

New London County, Connecticut. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

Yes

ANNUAL SALES CAP

\$50,000 / year

HOME OCCUPATION / ZONING

Yes (municipal zoning approval required before applying for CT DCP license)

LOCAL HEALTH

Yes (pre-licensure home inspection by CT DCP required)

BUSINESS LICENSE

Varies by municipality; Waterford requires Home Occupation permit from ZEO; no county-level business license

PICKUP AT THE HOUSE

True

HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

HOW THIS PLACE WORKS

Connecticut wants municipal zoning before the state license. Connecticut DCP licenses cottage food operators, and local zoning approval comes first. File with the town or city on your address, then DCP. A county name here is only the map.

Official source: [Connecticut DCP local zoning](#)

CONTINUE ONLINE

[Connecticut permits PDF →](#)

<https://crosodo.com/reports/pdf/permits/connecticut.pdf>

[Connecticut cottage food law page →](#)

<https://crosodo.com/states/connecticut>

[Permit page for this place →](#)

<https://crosodo.com/what-permits/connecticut/new-london-county>

[New London County cottage food law page →](#)

<https://crosodo.com/states/connecticut/new-london-county>

Not legal advice. Rules change. Confirm with the office before you file.

Where to file

State

Connecticut registration: Yes. Routine kitchen inspection: Yes. Indirect sales through retail stores, restaurants, or wholesale are not permitted; mail order and third-party delivery services are prohibited; only the producer or their designee may deliver within Connecticut.

Connecticut permits PDF: crosodo.com/reports/pdf/permits/connecticut.pdf

State law page: crosodo.com/states/connecticut

Connecticut Department of Consumer Protection: <https://portal.ct.gov/DCP/Food-and-Standards-Division/Cottage-Foods>

Statute: [Conn. Gen. Stat. §21a-62a](#)

Zoning / home occupation

Yes (municipal zoning approval required before applying for CT DCP license). Connecticut has NO county government — counties are geographic only. All zoning is administered by the 21 municipalities in New London County (New London, Norwich, Groton, Waterford, etc.). Note: Waterford, CT (in New London County) was specifically identified as having amended its zoning regulations in 2024 to add 'Cottage Food Operator' as a listed Customary Home Occupation, requiring a local Home Occupation permit from the Zoning Enforcement Officer before applying to CT DCP.

Health

Yes (pre-licensure home inspection by CT DCP required). Required before receiving annual cottage food license; DCP commissioner may also inspect at any time

Health: <https://portal.ct.gov/dcp/knowledge-base/articles/cottage-foods/local-zoning-and-location-requirements>

Business license

Varies by municipality; Waterford requires Home Occupation permit from ZEO; no county-level business license

Pickup / delivery

Direct-to-consumer only; local delivery only for online orders; no mail-order shipping; sales at farmers markets, events, roadside stands, or at home

If you rent a commissary kitchen

DCP licenses cottage food. Local health licenses restaurants. Connecticut DCP licenses cottage food. A commissary or food establishment is permitted by the local health department, not DCP cottage food.

Official source: [CT DPH food protection](#)

Local health office we have on file: <https://portal.ct.gov/dcp/knowledge-base/articles/cottage-foods/local-zoning-and-location-requirements>

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

SOURCES

<https://portal.ct.gov/dcp/knowledge-base/articles/cottage-foods/local-zoning-and-location-requirements>

<https://portal.ct.gov/dcp/knowledge-base/articles/cottage-foods/local-zoning-and-location-requirements>

<https://www.waterfordct.org/AgendaCenter/ViewFile/Item/951?fileID=38890>

https://www.cga.ct.gov/current/pub/chap_417.htm#sec_21a-62a

New London County and nearby places

Regulation	New London County	Fairfield County	Hartford County
HOME KITCHEN ALLOWED	True	True	True
SEPARATE DEDICATED KITCHEN	False	False	False
PETS ALLOWED	No state-level rule; individual municipality may have standards	No state-level rule; individual municipality may have standards	No state-level rule; individual municipality may have standards
INSPECTION REQUIRED	Yes (pre-licensure home inspection by CT DCP required)	Yes (pre-licensure home inspection by CT DCP required)	Yes (pre-licensure home inspection by CT DCP required)
ON-SITE CUSTOMER PICKUP	True	True	True
ON-SITE SIGNAGE	Varies by municipal zoning; no exterior signs typically allowed under home occupation rules	Varies by municipal zoning; no exterior signs typically allowed under home occupation rules	Varies by municipal zoning; no exterior signs typically allowed under home occupation rules
DELIVERY / PICKUP	Direct-to-consumer only; local delivery only for online orders; no mail-order shipping; sales at farmers markets, events, roadside stands, ...	Direct-to-consumer only; local delivery only for online orders; no mail-order shipping; sales at farmers markets, events, roadside stands, ...	Direct-to-consumer only; local delivery only for online orders; no mail-order shipping; sales at farmers markets, events, roadside stands, ...
HOME OCCUPATION PERMIT	Yes (municipal zoning approval required before applying for CT DCP license)	Yes (municipal zoning approval required before applying for CT DCP license)	Yes (municipal zoning approval required before applying for CT DCP license)
LOCAL BUSINESS LICENSE	Varies by municipality; Waterford requires Home Occupation permit from ZEO; no county-level business license	Varies by municipality within Fairfield County; no county-level business license exists	Varies by municipality within Hartford County; no county-level business license exists
RESTRICTIONS	—	—	—
FOOD STORAGE	Products must be stored in permitted area of home that includes the kitchen; no outbuilding storage	Products must be stored in permitted area of home that includes the kitchen; no outbuilding storage	Products must be stored in permitted area of home that includes the kitchen; no outbuilding storage
POPULATION	—	—	—

More pages for this place

These Crosodo pages cover the same home cottage-food path:

Connecticut permits PDF: crosodo.com/reports/pdf/permits/connecticut.pdf

Connecticut cottage food law: crosodo.com/states/connecticut

New London County cottage food law: crosodo.com/states/connecticut/new-london-county