

COTTAGE BAKERY FROM HOME

Can I sell from my kitchen in Polk County, Florida?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-05.

STATE FOOD PERMIT	HOME OCCUPATION	BUSINESS LICENSE	SALES CAP
No	Conditional	Varies	\$250,000 / year

FLORIDA RULES. OPEN THESE FIRST.

[Florida permits PDF](#)[Florida cottage food law page](#)[Florida Department of Agriculture and Consumer Services cottage food program](#)[Statute: Fla. Stat. §500.80](#)**NOT LEGAL ADVICE**

This is what it takes to sell from a home kitchen in Polk County. Confirm each step with Planning, Health, and the license office before you sell.

What you need

Polk County, Florida. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

No

ANNUAL SALES CAP

\$250,000 / year

HOME OCCUPATION / ZONING

Conditional

LOCAL HEALTH

Upon-complaint

BUSINESS LICENSE

Varies

PICKUP AT THE HOUSE

Yes

HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

CONTINUE ONLINE

[Florida permits PDF →](#)

<https://crosodo.com/reports/pdf/permits/florida.pdf>

[Florida cottage food law page →](#)

<https://crosodo.com/states/florida>

[Permit page for this place →](#)

<https://crosodo.com/what-permits/florida/polk-county>

[Polk County cottage food law page →](#)

<https://crosodo.com/states/florida/polk-county>

Not legal advice. Rules change. Confirm with the office before you file.

Where to file

State

Florida registration: No. Routine kitchen inspection: Upon-complaint. Florida prohibits wholesale sales but allows online, mail-order, and in-person sales including delivery to consumers; state law preempts local restrictions on cottage food operations.

Florida permits PDF: crosodo.com/reports/pdf/permits/florida.pdf

State law page: crosodo.com/states/florida

Florida Department of Agriculture and Consumer Services: <https://www.fdacs.gov/Business-Services/Food/Cottage-Foods>

Statute: [Fla. Stat. §500.80](#)

Zoning / home occupation

Conditional. State preemption prevents local restriction on cottage food. Polk County and municipalities (Bartow, Lakeland, Winter Haven, Haines City, etc.) can regulate traffic, parking, noise, signage, hours. Contact Polk County Development & Regulatory Services or applicable city for home occupation standard. Business tax receipt from Polk County Tax Collector may be required.

Planning: <https://www.polk-county.net/development>

Health

Upon-complaint. Complaint only. Polk County Health Department has no additional inspection authority.

Health: <https://polk.floridahealth.gov>

Business license

Varies

Pickup / delivery

Home, online, mail-order, farmers markets, flea markets, roadside stands. No wholesale to restaurants/grocery stores. \$250,000 annual cap.

If you rent a commissary kitchen

DBPR or the local health department licenses food. Florida public food service is typically DBPR Hotels and Restaurants or the county health department, depending on the operation. Cottage food is a separate exemption. Ask which office licenses the kitchen you rent.

Official source: [Florida DBPR Hotels and Restaurants](#)

Local health office we have on file: <https://polk.floridahealth.gov>

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

SOURCES

<https://polk.floridahealth.gov>

<https://www.polk-county.net/development>

<https://www.polk-county.net>

<https://www.fdacs.gov/Business-Services/Food/Food-Establishments/Cottage-Foods>

<https://ij.org/issues/economic-liberty/homemade-food-seller/florida/>

Polk County and nearby places

Regulation	Polk County	Pasco County	Manatee County
HOME KITCHEN ALLOWED	Yes	Yes	Yes
SEPARATE DEDICATED KITCHEN	No	No	No
PETS ALLOWED	Not specified in state law	No specific state cottage food pet restriction	No specific state restriction for cottage food operations.
INSPECTION REQUIRED	Upon-complaint	Upon-complaint	Upon-complaint
ON-SITE CUSTOMER PICKUP	Yes	Yes	Yes
ON-SITE SIGNAGE	Conditional	Yes	Conditional
DELIVERY / PICKUP	Home, online, mail-order, farmers markets, flea markets, roadside stands. No wholesale to restaurants/grocery stores. \$250,000 annual cap.	No restrictions on sales venues. Online sales and mail/delivery permitted including across state lines. No wholesale to retail stores or re...	Sales from home, farmers markets, flea markets, roadside stands, online/mail-order. No wholesale sales.
HOME OCCUPATION PERMIT	Conditional	No	Conditional
LOCAL BUSINESS LICENSE	Varies	No	Yes
RESTRICTIONS	Florida strong state preemption applies. Must be in operator's home kitchen only. Non-TCS foods only. Production and storage in single-fami...	Any non-TCS food that does not require temperature control for safety. No license, permit, registration, or inspection required before oper...	Florida cottage food law (Fla. Stat. §500.80) requires no license, permit, or registration. No inspection required. Products must be non-TC...
FOOD STORAGE	Storage in single-family domestic residence only; no outbuildings	Standard home kitchen storage for shelf-stable non-TCS products	Non-TCS shelf-stable products only.
POPULATION	736,229	569,211	405,069

More pages for this place

These Crosodo pages cover the same home cottage-food path:

Florida permits PDF: crosodo.com/reports/pdf/permits/florida.pdf

Florida cottage food law: crosodo.com/states/florida

Polk County cottage food law: crosodo.com/states/florida/polk-county