

COTTAGE BAKERY FROM HOME

Can I sell from my kitchen in Adair County, Iowa?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-06.

STATE FOOD PERMIT

No

HOME OCCUPATION

Conditional

BUSINESS LICENSE

No

SALES CAP

—

IOWA RULES. OPEN THESE FIRST.

[Iowa permits PDF](#)[Iowa cottage food law page](#)[Iowa Department of Inspections and Appeals cottage food program](#)[Statute: Iowa Code §137F.1 / §137F.20](#)**NOT LEGAL ADVICE**

This is what it takes to sell from a home kitchen in Adair County. Confirm each step with Planning, Health, and the license office before you sell.

What you need

Adair County, Iowa. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

No

ANNUAL SALES CAP

—

HOME OCCUPATION / ZONING

Conditional

LOCAL HEALTH

No

BUSINESS LICENSE

No

PICKUP AT THE HOUSE

Yes

HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

CONTINUE ONLINE

[Iowa permits PDF →](https://crosodo.com/reports/pdf/permits/iowa.pdf)

<https://crosodo.com/reports/pdf/permits/iowa.pdf>

[Iowa cottage food law page →](https://crosodo.com/states/iowa)

<https://crosodo.com/states/iowa>

[Permit page for this place →](https://crosodo.com/what-permits/iowa/adair-county)

<https://crosodo.com/what-permits/iowa/adair-county>

[Adair County cottage food law page →](https://crosodo.com/states/iowa/adair-county)

<https://crosodo.com/states/iowa/adair-county>

Not legal advice. Rules change. Confirm with the office before you file.

Where to file

State

Iowa registration: No. Routine kitchen inspection: No. Cottage food direct-to-consumer sales only; however, a separate Home Food Processing Establishment (HFPE) license allows indirect retail and wholesale sales of almost any food including perishables.

Iowa permits PDF: crosodo.com/reports/pdf/permits/iowa.pdf

State law page: crosodo.com/states/iowa

Iowa Department of Inspections and Appeals: <https://dia.iowa.gov/food-safety/home-food-establishment>

Statute: [Iowa Code §137F.1](#) / [§137F.20](#)

Zoning / home occupation

Conditional. Adair County unincorporated area home occupation rules follow county zoning ordinance. Typical Iowa rural county standards apply: business must be incidental to residential use, no exterior evidence of commercial activity, limited customer traffic. Iowa Code §414.33 (city home-based business) preempts city-level restrictions; county zoning governs unincorporated areas.

Health

No. No routine inspection. Iowa DIAL may investigate upon complaint of foodborne illness.

Business license

No

Pickup / delivery

Direct-to-consumer sales only. Customers may pick up at home, or operator may sell at farmers markets, roadside stands, events. No wholesale or retail indirect sales under the cottage food exemption.

If you rent a commissary kitchen

DIA licenses food establishments. Iowa cottage food is an exemption. A commissary or food establishment is licensed by the Department of Inspections, Appeals, and Licensing (or the local board of health where they inspect).

Official source: [Iowa DIAL food establishments](#)

Local health office we have on file: <https://www.adaircountyiowa.org>

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

SOURCES

<https://www.adaircountyiowa.org>

<https://www.legis.iowa.gov/docs/code/137F.pdf>

Adair County and nearby places

Regulation	Adair County	Audubon County	Adams County
HOME KITCHEN ALLOWED	Yes	Yes	Yes
SEPARATE DEDICATED KITCHEN	No	No	No
PETS ALLOWED	No state or county-specific rule found; good practice is to exclude pets from food prep areas.	No state or county-specific rule found; good practice is to exclude pets from food prep areas.	No state or county-specific rule found; good practice is to exclude pets from food prep areas.
INSPECTION REQUIRED	No	No	No
ON-SITE CUSTOMER PICKUP	Yes	Yes	Yes
ON-SITE SIGNAGE	Conditional	Conditional	Conditional
DELIVERY / PICKUP	Direct-to-consumer sales only. Customers may pick up at home, or operator may sell at farmers markets, roadside stands, events. No wholesal...	Direct-to-consumer sales only under the cottage food exemption. Customers may pick up at home, or operator may sell at farmers markets, roa...	Direct-to-consumer sales only. Home pickup, farmers markets, roadside stands, events allowed. No wholesale or retail indirect sales under c...
HOME OCCUPATION PERMIT	Conditional	Conditional	Conditional
LOCAL BUSINESS LICENSE	No	No	No
RESTRICTIONS	No license, registration, or inspection required under the Iowa cottage food exemption (§137F.20). Producers may sell non-TCS foods includi...	No license, registration, or inspection required under Iowa cottage food exemption (Iowa Code §137F.20). Allowed non-TCS foods include bake...	No license, registration, or inspection required under Iowa cottage food exemption (§137F.20). Allowed foods: non-TCS items including baked...
FOOD STORAGE	Cottage food products must be stored to prevent contamination; TCS foods not permitted under the exemption.	Cottage food products must be stored to prevent contamination; TCS foods not permitted under the cottage food exemption.	Cottage food products must be stored to prevent contamination; TCS foods not permitted under the exemption.
POPULATION	7,152	5,481	3,704

More pages for this place

These Crosodo pages cover the same home cottage-food path:

Iowa permits PDF: crosodo.com/reports/pdf/permits/iowa.pdf

Iowa cottage food law: crosodo.com/states/iowa

Adair County cottage food law: crosodo.com/states/iowa/adair-county