

COTTAGE BAKERY FROM HOME

Can I sell from my kitchen in Rowan County, Kentucky?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-06.

STATE FOOD PERMIT	HOME OCCUPATION	BUSINESS LICENSE	SALES CAP
Yes	Varies	Varies	\$60,000 / year

KENTUCKY RULES. OPEN THESE FIRST.

[Kentucky permits PDF](#)

[Kentucky cottage food law page](#)

[Kentucky Department for Public Health cottage food program](#)

[Statute: KRS §217.137](#)

NOT LEGAL ADVICE

This is what it takes to sell from a home kitchen in Rowan County. Confirm each step with Planning, Health, and the license office before you sell.

What you need

Rowan County, Kentucky. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

Yes

ANNUAL SALES CAP

\$60,000 / year

HOME OCCUPATION / ZONING

Varies

LOCAL HEALTH

Upon-complaint

BUSINESS LICENSE

Varies

PICKUP AT THE HOUSE

Yes

HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

CONTINUE ONLINE

Kentucky permits PDF →

<https://crosodo.com/reports/pdf/permits/kentucky.pdf>

Kentucky cottage food law page →

<https://crosodo.com/states/kentucky>

Permit page for this place →

<https://crosodo.com/what-permits/kentucky/rowan-county>

Rowan County cottage food law page →

<https://crosodo.com/states/kentucky/rowan-county>

Not legal advice. Rules change. Confirm with the office before you file.

Where to file

State

Kentucky registration: Yes. Routine kitchen inspection: Upon-complaint. Sales limited to direct-to-consumer only within Kentucky — from home (pickup or delivery), markets, roadside stands, community events, and online; shipping outside Kentucky is prohibited, and sales to restaurants or retail stores for resale are not allowed.

Kentucky permits PDF: crosodo.com/reports/pdf/permits/kentucky.pdf

State law page: crosodo.com/states/kentucky

Kentucky Department for Public Health: <https://www.chfs.ky.gov/agencies/dph/dphps/fsb/Pages/cottage-foods.aspx>

Statute: [KRS §217.137](#)

Zoning / home occupation

Varies. No county-specific home occupation ordinance identified. Unincorporated areas follow county zoning. Local health officials may conduct annual kitchen inspections. No county-specific cottage food overlay identified.

Health

Upon-complaint. Consumer complaint or foodborne illness investigation

Business license

Varies

Pickup / delivery

Direct-to-consumer only within KY; farmers markets, roadside stands, fairs, festivals, community events, online orders (in-state); home pickup and delivery allowed. No wholesale, no mail delivery, no out-of-state.

If you rent a commissary kitchen

Local health departments permit food service. Kentucky cottage food / home-based processor paths do not replace a food-service permit. A commissary is permitted by the local health department.

Official source: [KY food safety](#)

Local health office we have on file: <https://www.rowancounty.gov>

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

SOURCES

<https://www.rowancounty.gov>

<https://www.chfs.ky.gov/agencies/dph/dphps/fsb/Pages/cottage-foods.aspx>

<https://ij.org/issues/economic-liberty/homemade-food-seller/kentucky/>

Rowan County and nearby places

Regulation	Rowan County	Carter County	Fleming County
HOME KITCHEN ALLOWED	Yes	Yes	Yes
SEPARATE DEDICATED KITCHEN	No	No	No
PETS ALLOWED	Not specified in state law	No specific pet restriction in state statute, but good manufacturing practices expected.	No specific pet restriction in state statute, but good manufacturing practices expected.
INSPECTION REQUIRED	Upon-complaint	Upon-complaint	Upon-complaint
ON-SITE CUSTOMER PICKUP	Yes	Yes	Yes
ON-SITE SIGNAGE	Conditional	Yes	Yes
DELIVERY / PICKUP	Direct-to-consumer only within KY; farmers markets, roadside stands, fairs, festivals, community events, online orders (in-state); home pic...	Direct sales only. Sales at farmers markets, farm stands, events, and home pickup permitted. No wholesale, retail stores, or internet-based...	Direct sales only. Sales at farmers markets, farm stands, events, and home pickup permitted. No wholesale, retail stores, or internet-based...
HOME OCCUPATION PERMIT	Varies	No	No
LOCAL BUSINESS LICENSE	Varies	Varies	Varies
RESTRICTIONS	Annual sales cap \$60,000. Registration required with KY Dept of Public Health (\$50/year). No food handler cert required. Inspection upon co...	Kentucky home-based processor law (KRS §217.136) allows direct-to-consumer sales of non-TCS foods from a home kitchen. Registration with CH...	Kentucky home-based processor law (KRS §217.136) allows direct-to-consumer sales of non-TCS foods from a home kitchen. Registration with CH...
FOOD STORAGE	Appropriate storage for non-TCS products	Non-TCS shelf-stable foods only. No more than three refrigerators for storage.	Non-TCS shelf-stable foods only. No more than three refrigerators for storage.
POPULATION	24,551	26,850	14,581

More pages for this place

These Crosodo pages cover the same home cottage-food path:

Kentucky permits PDF: crosodo.com/reports/pdf/permits/kentucky.pdf

Kentucky cottage food law: crosodo.com/states/kentucky

Rowan County cottage food law: crosodo.com/states/kentucky/rowan-county