

COTTAGE BAKERY FROM HOME

Can I sell from my kitchen in Ascension Parish, Louisiana?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-05.

STATE FOOD PERMIT	HOME OCCUPATION	BUSINESS LICENSE	SALES CAP
No	Yes	Yes	\$30,000 / year

LOUISIANA RULES. OPEN THESE FIRST.

[Louisiana permits PDF](#)

[Louisiana cottage food law page](#)

[Louisiana Department of Health cottage food program](#)

[Statute: La. R.S. §40:4.13](#)

NOT LEGAL ADVICE

This is what it takes to sell from a home kitchen in Ascension Parish. Confirm each step with Planning, Health, and the license office before you sell.

What you need

Ascension Parish, Louisiana. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

No

ANNUAL SALES CAP

\$30,000 / year

HOME OCCUPATION / ZONING

Yes

LOCAL HEALTH

No

BUSINESS LICENSE

Yes

PICKUP AT THE HOUSE

Conditional

HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

CONTINUE ONLINE

Louisiana permits PDF →

<https://crosodo.com/reports/pdf/permits/louisiana.pdf>

Louisiana cottage food law page →

<https://crosodo.com/states/louisiana>

Permit page for this place →

<https://crosodo.com/what-permits/louisiana/ascension-parish>

Ascension Parish cottage food law page →

<https://crosodo.com/states/louisiana/ascension-parish>

Not legal advice. Rules change. Confirm with the office before you file.

Where to file

State

Louisiana registration: No. Routine kitchen inspection: No. Most low-risk foods may be sold indirectly (to restaurants, retail stores), but breads, cakes, cookies, and pies specifically may NOT be sold to any retail business or individual for resale — they are direct-to-consumer only.

Louisiana permits PDF: crosodo.com/reports/pdf/permits/louisiana.pdf

State law page: crosodo.com/states/louisiana

Louisiana Department of Health: <https://ldh.la.gov/page/cottage-food-laws>

Statute: [La. R.S. §40:4.13](#)

Zoning / home occupation

Yes. Ascension Parish requires a home occupation permit for home-based businesses in residential zones. Business must be secondary to residential use; no external signage, no on-site employees typical. Application through Ascension Parish Planning and Development (ascensionparish.net). Separate Business Occupancy Permit may also apply.

Health

No. Louisiana state law does not require routine inspections for cottage food operations. Complaint-driven investigation possible.

Business license

Yes

Pickup / delivery

Direct-to-consumer sales allowed; customer pickup subject to home occupation permit conditions. Louisiana allows limited indirect sales (not applicable to bread/cake/cookies/pies which must be direct only). Sales tax certificate from parish of sale required.

If you rent a commissary kitchen

LDH permits retail food. Louisiana cottage food is a home path. A commissary is a retail food establishment permitted by the Louisiana Department of Health.

Official source: [LDH retail food](#)

Local health office we have on file: <https://www.ascensionparish.net>

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

SOURCES

<https://www.ascensionparish.net>

<https://www.ascensionparish.net/1-permitting/>

<https://www.cityrulelookup.com/home-business/cottage-food/ascension-parish-la>

<https://www.cityrulelookup.com/home-business/zoning/ascension-parish-la>

<https://ldh.la.gov/page/cottage-food-laws>

Ascension Parish and nearby places

Regulation	Ascension Parish	Livingston Parish	St. John the Baptist Parish
HOME KITCHEN ALLOWED	Yes	Yes	Yes
SEPARATE DEDICATED KITCHEN	No	No	No
PETS ALLOWED	State law requires pets excluded from preparation areas for bread/cake/cookie/pie producers; general state sanitation standards apply.	Pets must be excluded from food preparation areas.	Pets must be excluded from food preparation areas.
INSPECTION REQUIRED	No	No	No
ON-SITE CUSTOMER PICKUP	Conditional	Yes	Yes
ON-SITE SIGNAGE	No	Conditional	Conditional
DELIVERY / PICKUP	Direct-to-consumer sales allowed; customer pickup subject to home occupation permit conditions. Louisiana allows limited indirect sales (no...	Indirect sales allowed for most low-risk foods. Direct sales permitted from home, farmers markets, events. No wholesaling to retail chains.	Indirect sales allowed for most low-risk foods. Direct sales permitted from home, farmers markets, events. No wholesaling to retail chains.
HOME OCCUPATION PERMIT	Yes	Varies	Varies
LOCAL BUSINESS LICENSE	Yes	Yes	Varies
RESTRICTIONS	Louisiana state law allows cottage food production from a primary residence home kitchen. Ascension Parish unincorporated areas follow stat...	Annual gross sales capped at \$30,000. Sales of the four named baked goods categories (breads, cakes, cookies, pies) require: no employee as...	Annual gross sales capped at \$30,000. Sales of the four named baked goods categories (breads, cakes, cookies, pies) require: no employee as...
FOOD STORAGE	Refrigeration must be maintained at 45°F or below for perishable ingredients (state rule). Shelf-stable products stored in clean, sanitary ...	Perishable ingredients must be refrigerated at 45°F or below. Finished shelf-stable products stored in food-safe containers.	Perishable ingredients must be refrigerated at 45°F or below. Finished shelf-stable products stored in food-safe containers.
POPULATION	126,973	143,425	41,986

More pages for this place

These Crosodo pages cover the same home cottage-food path:

Louisiana permits PDF: crosodo.com/reports/pdf/permits/louisiana.pdf

Louisiana cottage food law: crosodo.com/states/louisiana

Ascension Parish cottage food law: crosodo.com/states/louisiana/ascension-parish