

COTTAGE BAKERY FROM HOME

Can I sell from my kitchen in Catahoula Parish, Louisiana?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-06.

STATE FOOD PERMIT

No

HOME OCCUPATION

Varies

BUSINESS LICENSE

Varies

SALES CAP

\$30,000 / year

LOUISIANA RULES. OPEN THESE FIRST.

[Louisiana permits PDF](#)[Louisiana cottage food law page](#)[Louisiana Department of Health cottage food program](#)[Statute: La. R.S. §40:4.13](#)**NOT LEGAL ADVICE**

This is what it takes to sell from a home kitchen in Catahoula Parish. Confirm each step with Planning, Health, and the license office before you sell.

What you need

Catahoula Parish, Louisiana. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

No

ANNUAL SALES CAP

\$30,000 / year

HOME OCCUPATION / ZONING

Varies

LOCAL HEALTH

No

BUSINESS LICENSE

Varies

PICKUP AT THE HOUSE

Yes

HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

CONTINUE ONLINE

Louisiana permits PDF →

<https://crosodo.com/reports/pdf/permits/louisiana.pdf>

Louisiana cottage food law page →

<https://crosodo.com/states/louisiana>

Permit page for this place →

<https://crosodo.com/what-permits/louisiana/catahoula-parish>

Catahoula Parish cottage food law page →

<https://crosodo.com/states/louisiana/catahoula-parish>

Not legal advice. Rules change. Confirm with the office before you file.

Where to file

State

Louisiana registration: No. Routine kitchen inspection: No. Most low-risk foods may be sold indirectly (to restaurants, retail stores), but breads, cakes, cookies, and pies specifically may NOT be sold to any retail business or individual for resale — they are direct-to-consumer only.

Louisiana permits PDF: crosodo.com/reports/pdf/permits/louisiana.pdf

State law page: crosodo.com/states/louisiana

Louisiana Department of Health: <https://ldh.la.gov/page/cottage-food-laws>

Statute: [La. R.S. §40:4.13](#)

Zoning / home occupation

Varies. No parish-specific home occupation ordinance identified. Local ordinances are NOT preempted by state law. Parish may have home occupation zoning requirements. Sales tax certificate from parish tax authority required before selling.

Health

No. No routine inspection; complaint-based enforcement possible

Business license

Varies

Pickup / delivery

Direct-to-consumer (home, farmers markets, roadside stands, fairs, events, online within LA, mail within LA). Big Four direct-to-consumer only. Most other products may be sold wholesale to retail stores/restaurants within LA. No interstate shipping.

If you rent a commissary kitchen

LDH permits retail food. Louisiana cottage food is a home path. A commissary is a retail food establishment permitted by the Louisiana Department of Health.

Official source: [LDH retail food](#)

Local health office we have on file: <https://www.catahoulacounty.gov>

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

SOURCES

<https://www.catahoulacounty.gov>

<https://ldh.la.gov/page/cottage-food-laws>

<https://ij.org/issues/economic-liberty/homemade-food-seller/louisiana/>

Catahoula Parish and nearby places

Regulation	Catahoula Parish	Caldwell Parish	Tensas Parish
HOME KITCHEN ALLOWED	Yes	Yes	Yes
SEPARATE DEDICATED KITCHEN	No	No	No
PETS ALLOWED	Pets must be excluded from food preparation areas	Pets must be excluded from food preparation areas	Pets must be excluded from food preparation areas.
INSPECTION REQUIRED	No	No	No
ON-SITE CUSTOMER PICKUP	Yes	Yes	Yes
ON-SITE SIGNAGE	Conditional	Conditional	Conditional
DELIVERY / PICKUP	Direct-to-consumer (home, farmers markets, roadside stands, fairs, events, online within LA, mail within LA). Big Four direct-to-consumer o...	Direct-to-consumer (home, farmers markets, roadside stands, fairs, events, online within LA, mail within LA). Big Four direct-to-consumer o...	Indirect sales allowed for most low-risk foods. Direct sales permitted from home, farmers markets, events. No wholesaling to retail chains.
HOME OCCUPATION PERMIT	Varies	Varies	Varies
LOCAL BUSINESS LICENSE	Varies	Varies	Varies
RESTRICTIONS	Annual sales cap \$30,000. No license, permit, or registration required (only sales tax certificates from LA Dept of Revenue and local paris...	Annual sales cap \$30,000. No license, permit, or registration required (only sales tax certificates from LA Dept of Revenue and local paris...	Annual gross sales capped at \$30,000. Sales of the four named baked goods categories (breads, cakes, cookies, pies) require: no employee as...
FOOD STORAGE	Refrigeration at 45°F or below for perishable ingredients; appropriate storage for shelf-stable products	Refrigeration at 45°F or below for perishable ingredients; appropriate storage for shelf-stable products	Perishable ingredients must be refrigerated at 45°F or below. Finished shelf-stable products stored in food-safe containers.
POPULATION	8,895	9,658	4,127

More pages for this place

These Crosodo pages cover the same home cottage-food path:

Louisiana permits PDF: crosodo.com/reports/pdf/permits/louisiana.pdf

Louisiana cottage food law: crosodo.com/states/louisiana

Catahoula Parish cottage food law: crosodo.com/states/louisiana/catahoula-parish