

COTTAGE BAKERY FROM HOME

Can I sell from my kitchen in Lafourche Parish, Louisiana?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-05.

STATE FOOD PERMIT

No

HOME OCCUPATION

Varies

BUSINESS LICENSE

Yes

SALES CAP

\$30,000 / year

LOUISIANA RULES. OPEN THESE FIRST.

[Louisiana permits PDF](#)[Louisiana cottage food law page](#)[Louisiana Department of Health cottage food program](#)[Statute: La. R.S. §40:4.13](#)**NOT LEGAL ADVICE**

This is what it takes to sell from a home kitchen in Lafourche Parish. Confirm each step with Planning, Health, and the license office before you sell.

What you need

Lafourche Parish, Louisiana. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

No

ANNUAL SALES CAP

\$30,000 / year

HOME OCCUPATION / ZONING

Varies

LOCAL HEALTH

No

BUSINESS LICENSE

Yes

PICKUP AT THE HOUSE

Yes

HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

CONTINUE ONLINE

[Louisiana permits PDF →](https://crosodo.com/reports/pdf/permits/louisiana.pdf)

<https://crosodo.com/reports/pdf/permits/louisiana.pdf>

[Louisiana cottage food law page →](https://crosodo.com/states/louisiana)

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[Permit page for this place →](https://crosodo.com/what-permits/louisiana/lafourche-parish)

<https://crosodo.com/what-permits/louisiana/lafourche-parish>

[Lafourche Parish cottage food law page →](https://crosodo.com/states/louisiana/lafourche-parish)

<https://crosodo.com/states/louisiana/lafourche-parish>

Not legal advice. Rules change. Confirm with the office before you file.

Where to file

State

Louisiana registration: No. Routine kitchen inspection: No. Most low-risk foods may be sold indirectly (to restaurants, retail stores), but breads, cakes, cookies, and pies specifically may NOT be sold to any retail business or individual for resale — they are direct-to-consumer only.

Louisiana permits PDF: crosodo.com/reports/pdf/permits/louisiana.pdf

State law page: crosodo.com/states/louisiana

Louisiana Department of Health: <https://ldh.la.gov/page/cottage-food-laws>

Statute: [La. R.S. §40:4.13](#)

Zoning / home occupation

Varies. Lafourche Parish may have home occupation requirements in unincorporated areas or in Thibodaux. Louisiana state law does not preempt local zoning for cottage food. Operators should verify with Lafourche Parish Planning and Zoning.

Health

No. Louisiana Department of Health has no routine inspection authority for cottage food operations.

Business license

Yes

Pickup / delivery

Direct and indirect sales allowed for most low-risk foods. Sales at farmers markets, events, from home, and to retail stores permitted. Sales of breads/cakes/cookies/pies are direct sales only (no employees to assist production).

If you rent a commissary kitchen

LDH permits retail food. Louisiana cottage food is a home path. A commissary is a retail food establishment permitted by the Louisiana Department of Health.

Official source: [LDH retail food](#)

Local health office we have on file: <https://www.lafourchecounty.gov>

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

SOURCES

<https://www.lafourchecounty.gov>

<https://ldh.la.gov/page/cottage-food-laws>

<https://www.legis.la.gov/Legis/Law.aspx?d=98863>

Lafourche Parish and nearby places

Regulation	Lafourche Parish	Terrebonne Parish	St. Charles Parish
HOME KITCHEN ALLOWED	Yes	Yes	Yes
SEPARATE DEDICATED KITCHEN	No	No	No
PETS ALLOWED	Pets must be excluded from food preparation areas during production of breads, cakes, cookies, and pies.	Pets must be excluded from food preparation areas, specifically for baked goods category (breads, cakes, cookies, pies).	Pets excluded from preparation areas required for breads/cakes/cookies/pies (four named baked goods categories).
INSPECTION REQUIRED	No	No	No
ON-SITE CUSTOMER PICKUP	Yes	Yes	Conditional
ON-SITE SIGNAGE	Conditional	Conditional	No
DELIVERY / PICKUP	Direct and indirect sales allowed for most low-risk foods. Sales at farmers markets, events, from home, and to retail stores permitted. Sal...	Direct-to-consumer and some indirect sales permitted. Most low-risk foods can be sold indirectly, with additional restrictions for the four...	No customer visits or on-site sales unless specifically authorized by the Planning Director. Sales must occur through other direct-to-consu...
HOME OCCUPATION PERMIT	Varies	Conditional	Yes
LOCAL BUSINESS LICENSE	Yes	Yes	Yes
RESTRICTIONS	Louisiana cottage food law allows low-risk foods including baked goods, cane syrup, dried mixes, honey, jams/jellies/preserves, pickles and...	Louisiana allows low-risk foods including baked goods, candies, cane syrup, dried mixes, honey, jams/jellies/preserves, pickles and acidifi...	Production in home kitchen. Annual gross sales cap of \$30,000. Allowed low-risk foods include baked goods, candies, cane syrup, dried mixes...
FOOD STORAGE	Perishable ingredients requiring refrigeration must be kept at 45°F or below. Products must be shelf-stable or meet temperature requirement...	Perishable ingredients must be refrigerated at 45°F or below. Foods containing animal muscle protein or fish protein prohibited. Low-acid c...	Perishable ingredients must be refrigerated at 45°F or below for the four named baked goods categories.
POPULATION	97,220	108,862	52,191

More pages for this place

These Crosodo pages cover the same home cottage-food path:

Louisiana permits PDF: crosodo.com/reports/pdf/permits/louisiana.pdf

Louisiana cottage food law: crosodo.com/states/louisiana

Lafourche Parish cottage food law: crosodo.com/states/louisiana/lafourche-parish