

## COTTAGE BAKERY FROM HOME

# Can I sell from my kitchen in St. James Parish, Louisiana?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-06.

STATE FOOD PERMIT

**No**

HOME OCCUPATION

**Varies**

BUSINESS LICENSE

**Varies**

SALES CAP

**\$30,000 / year**

LOUISIANA RULES. OPEN THESE FIRST.

[Louisiana permits PDF](#)[Louisiana cottage food law page](#)[Louisiana Department of Health cottage food program](#)[Statute: La. R.S. §40:4.13](#)**NOT LEGAL ADVICE**

This is what it takes to sell from a home kitchen in St. James Parish. Confirm each step with Planning, Health, and the license office before you sell.

## What you need

St. James Parish, Louisiana. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

**No**

ANNUAL SALES CAP

**\$30,000 / year**

HOME OCCUPATION / ZONING

**Varies**

LOCAL HEALTH

**No**

BUSINESS LICENSE

**Varies**

PICKUP AT THE HOUSE

**Yes**

### HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

### CONTINUE ONLINE

**Louisiana permits PDF →**

<https://crosodo.com/reports/pdf/permits/louisiana.pdf>

**Louisiana cottage food law page →**

<https://crosodo.com/states/louisiana>

**Permit page for this place →**

<https://crosodo.com/what-permits/louisiana/st-james-parish>

**St. James Parish cottage food law page →**

<https://crosodo.com/states/louisiana/st-james-parish>

Not legal advice. Rules change. Confirm with the office before you file.

## Where to file

### State

Louisiana registration: No. Routine kitchen inspection: No. Most low-risk foods may be sold indirectly (to restaurants, retail stores), but breads, cakes, cookies, and pies specifically may NOT be sold to any retail business or individual for resale — they are direct-to-consumer only.

Louisiana permits PDF: [crosodo.com/reports/pdf/permits/louisiana.pdf](https://crosodo.com/reports/pdf/permits/louisiana.pdf)

State law page: [crosodo.com/states/louisiana](https://crosodo.com/states/louisiana)

Louisiana Department of Health: <https://ldh.la.gov/page/cottage-food-laws>

Statute: [La. R.S. §40:4.13](#)

### Zoning / home occupation

Varies. St. James Parish is a small rural parish along the River Road corridor. A parish sales tax certificate is required before selling. No specific parish-level cottage food ordinance identified.

### Health

No. No routine inspection required. LDH may investigate upon complaint or illness report.

### Business license

Varies

### Pickup / delivery

Indirect sales allowed for most low-risk foods. Direct sales permitted from home, farmers markets, events. No wholesaling to retail chains.

### If you rent a commissary kitchen

**LDH permits retail food.** Louisiana cottage food is a home path. A commissary is a retail food establishment permitted by the Louisiana Department of Health.

Official source: [LDH retail food](#)

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

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### SOURCES

<https://ldh.la.gov/page/cottage-food-laws>

<https://www.legis.la.gov/Legis/Law.aspx?d=98431>

## St. James Parish and nearby places

| Regulation                 | St. James Parish                                                                                                                                | Assumption Parish                                                                                                                               | St. John the Baptist Parish                                                                                                                     |
|----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| HOME KITCHEN ALLOWED       | Yes                                                                                                                                             | Yes                                                                                                                                             | Yes                                                                                                                                             |
| SEPARATE DEDICATED KITCHEN | No                                                                                                                                              | No                                                                                                                                              | No                                                                                                                                              |
| PETS ALLOWED               | Pets must be excluded from food preparation areas.                                                                                              | Pets must be excluded from food preparation areas                                                                                               | Pets must be excluded from food preparation areas.                                                                                              |
| INSPECTION REQUIRED        | No                                                                                                                                              | No                                                                                                                                              | No                                                                                                                                              |
| ON-SITE CUSTOMER PICKUP    | Yes                                                                                                                                             | Yes                                                                                                                                             | Yes                                                                                                                                             |
| ON-SITE SIGNAGE            | Conditional                                                                                                                                     | Conditional                                                                                                                                     | Conditional                                                                                                                                     |
| DELIVERY / PICKUP          | Indirect sales allowed for most low-risk foods. Direct sales permitted from home, farmers markets, events. No wholesaling to retail chains.     | Direct-to-consumer (home, farmers markets, roadside stands, fairs, events, online within LA, mail within LA). Big Four direct-to-consumer o...  | Indirect sales allowed for most low-risk foods. Direct sales permitted from home, farmers markets, events. No wholesaling to retail chains.     |
| HOME OCCUPATION PERMIT     | Varies                                                                                                                                          | Varies                                                                                                                                          | Varies                                                                                                                                          |
| LOCAL BUSINESS LICENSE     | Varies                                                                                                                                          | Varies                                                                                                                                          | Varies                                                                                                                                          |
| RESTRICTIONS               | Annual gross sales capped at \$30,000. Sales of the four named baked goods categories (breads, cakes, cookies, pies) require: no employee as... | Annual sales cap \$30,000. No license, permit, or registration required (only sales tax certificates from LA Dept of Revenue and local paris... | Annual gross sales capped at \$30,000. Sales of the four named baked goods categories (breads, cakes, cookies, pies) require: no employee as... |
| FOOD STORAGE               | Perishable ingredients must be refrigerated at 45°F or below. Finished shelf-stable products stored in food-safe containers.                    | Refrigeration at 45°F or below for perishable ingredients; appropriate storage for shelf-stable products                                        | Perishable ingredients must be refrigerated at 45°F or below. Finished shelf-stable products stored in food-safe containers.                    |
| POPULATION                 | 20,090                                                                                                                                          | 21,067                                                                                                                                          | 41,986                                                                                                                                          |

## More pages for this place

These Crosodo pages cover the same home cottage-food path:

Louisiana permits PDF: [crosodo.com/reports/pdf/permits/louisiana.pdf](https://crosodo.com/reports/pdf/permits/louisiana.pdf)

Louisiana cottage food law: [crosodo.com/states/louisiana](https://crosodo.com/states/louisiana)

St. James Parish cottage food law: [crosodo.com/states/louisiana/st-james-parish](https://crosodo.com/states/louisiana/st-james-parish)