

COTTAGE BAKERY FROM HOME

Can I sell from my kitchen in St. Martin Parish, Louisiana?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-05.

STATE FOOD PERMIT

No

HOME OCCUPATION

Varies

BUSINESS LICENSE

Varies

SALES CAP

\$30,000 / year

LOUISIANA RULES. OPEN THESE FIRST.

[Louisiana permits PDF](#)[Louisiana cottage food law page](#)[Louisiana Department of Health cottage food program](#)[Statute: La. R.S. §40:4.13](#)**NOT LEGAL ADVICE**

This is what it takes to sell from a home kitchen in St. Martin Parish. Confirm each step with Planning, Health, and the license office before you sell.

What you need

St. Martin Parish, Louisiana. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

No

ANNUAL SALES CAP

\$30,000 / year

HOME OCCUPATION / ZONING

Varies

LOCAL HEALTH

No

BUSINESS LICENSE

Varies

PICKUP AT THE HOUSE

Conditional

HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

CONTINUE ONLINE

Louisiana permits PDF →

<https://crosodo.com/reports/pdf/permits/louisiana.pdf>

Louisiana cottage food law page →

<https://crosodo.com/states/louisiana>

Permit page for this place →

<https://crosodo.com/what-permits/louisiana/st-martin-parish>

St. Martin Parish cottage food law page →

<https://crosodo.com/states/louisiana/st-martin-parish>

Not legal advice. Rules change. Confirm with the office before you file.

Where to file

State

Louisiana registration: No. Routine kitchen inspection: No. Most low-risk foods may be sold indirectly (to restaurants, retail stores), but breads, cakes, cookies, and pies specifically may NOT be sold to any retail business or individual for resale — they are direct-to-consumer only.

Louisiana permits PDF: crosodo.com/reports/pdf/permits/louisiana.pdf

State law page: crosodo.com/states/louisiana

Louisiana Department of Health: <https://ldh.la.gov/page/cottage-food-laws>

Statute: [La. R.S. §40:4.13](#)

Zoning / home occupation

Varies. No specific St. Martin Parish home occupation permit requirements found in research. Parish may have local ordinances governing home-based businesses; recommend verifying with St. Martin Parish Planning/Zoning. A sales tax certificate from the parish of sale is required before selling under state law.

Health

No. No inspection required by state law. Local parish health department may have complaint-based authority.

Business license

Varies

Pickup / delivery

State law allows indirect sales of most low-risk foods and direct-to-consumer delivery. Sales tax certificate required. Parish-level rules on customer visits or signage not confirmed.

If you rent a commissary kitchen

LDH permits retail food. Louisiana cottage food is a home path. A commissary is a retail food establishment permitted by the Louisiana Department of Health.

Official source: [LDH retail food](#)

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

SOURCES

<https://ldh.la.gov/page/cottage-food-laws>

St. Martin Parish and nearby places

Regulation	St. Martin Parish	St. Mary Parish	Iberia Parish
HOME KITCHEN ALLOWED	Yes	Yes	Yes
SEPARATE DEDICATED KITCHEN	No	No	No
PETS ALLOWED	Pets excluded from preparation areas required for breads/cakes/cookies/pies (four named baked goods categories).	Pets excluded from preparation areas required for breads/cakes/cookies/pies.	Not specified in state law
INSPECTION REQUIRED	No	No	No
ON-SITE CUSTOMER PICKUP	Conditional	Conditional	Yes
ON-SITE SIGNAGE	Conditional	Conditional	Conditional
DELIVERY / PICKUP	State law allows indirect sales of most low-risk foods and direct-to-consumer delivery. Sales tax certificate required. Parish-level rules ...	State law allows indirect sales of most low-risk foods and direct-to-consumer delivery. Sales tax certificate required from St. Mary Parish.	Indirect sales at limited venues permitted; no mail order; no catering
HOME OCCUPATION PERMIT	Varies	Varies	Varies
LOCAL BUSINESS LICENSE	Varies	Varies	Varies
RESTRICTIONS	Production in home kitchen. Annual gross sales cap of \$30,000. Allowed low-risk foods include baked goods, candies, cane syrup, dried mixes...	Production in home kitchen. Annual gross sales cap of \$30,000. Allowed low-risk foods include baked goods, candies, cane syrup, dried mixes...	Annual sales cap \$30,000. No food handler cert required. No registration required. No kitchen inspection required. Indirect sales allowed a...
FOOD STORAGE	Perishable ingredients must be refrigerated at 45°F or below for the four named baked goods categories.	Perishable ingredients must be refrigerated at 45°F or below for the four named baked goods categories.	Appropriate storage for shelf-stable products
POPULATION	51,856	49,114	69,958

More pages for this place

These Crosodo pages cover the same home cottage-food path:

Louisiana permits PDF: crosodo.com/reports/pdf/permits/louisiana.pdf

Louisiana cottage food law: crosodo.com/states/louisiana

St. Martin Parish cottage food law: crosodo.com/states/louisiana/st-martin-parish