

COTTAGE BAKERY FROM HOME

Can I sell from my kitchen in Terrebonne Parish, Louisiana?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-05.

STATE FOOD PERMIT

No

HOME OCCUPATION

Conditional

BUSINESS LICENSE

Yes

SALES CAP

\$30,000 / year

LOUISIANA RULES. OPEN THESE FIRST.

[Louisiana permits PDF](#)[Louisiana cottage food law page](#)[Louisiana Department of Health cottage food program](#)[Statute: La. R.S. §40:4.13](#)**NOT LEGAL ADVICE**

This is what it takes to sell from a home kitchen in Terrebonne Parish. Confirm each step with Planning, Health, and the license office before you sell.

What you need

Terrebonne Parish, Louisiana. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

No

ANNUAL SALES CAP

\$30,000 / year

HOME OCCUPATION / ZONING

Conditional

LOCAL HEALTH

No

BUSINESS LICENSE

Yes

PICKUP AT THE HOUSE

Yes

HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

CONTINUE ONLINE

Louisiana permits PDF →

<https://crosodo.com/reports/pdf/permits/louisiana.pdf>

Louisiana cottage food law page →

<https://crosodo.com/states/louisiana>

Permit page for this place →

<https://crosodo.com/what-permits/louisiana/terrebonne-parish>

Terrebonne Parish cottage food law page →

<https://crosodo.com/states/louisiana/terrebonne-parish>

Not legal advice. Rules change. Confirm with the office before you file.

Where to file

State

Louisiana registration: No. Routine kitchen inspection: No. Most low-risk foods may be sold indirectly (to restaurants, retail stores), but breads, cakes, cookies, and pies specifically may NOT be sold to any retail business or individual for resale — they are direct-to-consumer only.

Louisiana permits PDF: crosodo.com/reports/pdf/permits/louisiana.pdf

State law page: crosodo.com/states/louisiana

Louisiana Department of Health: <https://ldh.la.gov/page/cottage-food-laws>

Statute: [La. R.S. §40:4.13](#)

Zoning / home occupation

Conditional. Terrebonne Parish Consolidated Government may have home occupation zoning requirements. A sales tax certificate from Terrebonne Parish is required before selling cottage food products. No specific Terrebonne Parish cottage food ordinance identified.

Health

No. No routine inspections required under Louisiana cottage food law.

Business license

Yes

Pickup / delivery

Direct-to-consumer and some indirect sales permitted. Most low-risk foods can be sold indirectly, with additional restrictions for the four named baked goods categories (direct sales only for those). \$30,000 annual cap.

If you rent a commissary kitchen

LDH permits retail food. Louisiana cottage food is a home path. A commissary is a retail food establishment permitted by the Louisiana Department of Health.

Official source: [LDH retail food](#)

Local health office we have on file: <https://www.terrebonnecounty.gov>

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

SOURCES

<https://www.terrebonnecounty.gov>

<https://ldh.la.gov/page/cottage-food-laws>

<https://www.legis.la.gov/Legis/Law.aspx?d=98431>

Terrebonne Parish and nearby places

Regulation	Terrebonne Parish	Lafourche Parish	St. Mary Parish
HOME KITCHEN ALLOWED	Yes	Yes	Yes
SEPARATE DEDICATED KITCHEN	No	No	No
PETS ALLOWED	Pets must be excluded from food preparation areas, specifically for baked goods category (breads, cakes, cookies, pies).	Pets must be excluded from food preparation areas during production of breads, cakes, cookies, and pies.	Pets excluded from preparation areas required for breads/cakes/cookies/pies.
INSPECTION REQUIRED	No	No	No
ON-SITE CUSTOMER PICKUP	Yes	Yes	Conditional
ON-SITE SIGNAGE	Conditional	Conditional	Conditional
DELIVERY / PICKUP	Direct-to-consumer and some indirect sales permitted. Most low-risk foods can be sold indirectly, with additional restrictions for the four...	Direct and indirect sales allowed for most low-risk foods. Sales at farmers markets, events, from home, and to retail stores permitted. Sal...	State law allows indirect sales of most low-risk foods and direct-to-consumer delivery. Sales tax certificate required from St. Mary Parish.
HOME OCCUPATION PERMIT	Conditional	Varies	Varies
LOCAL BUSINESS LICENSE	Yes	Yes	Varies
RESTRICTIONS	Louisiana allows low-risk foods including baked goods, candies, cane syrup, dried mixes, honey, jams/jellies/preserves, pickles and acidifi...	Louisiana cottage food law allows low-risk foods including baked goods, cane syrup, dried mixes, honey, jams/jellies/preserves, pickles and...	Production in home kitchen. Annual gross sales cap of \$30,000. Allowed low-risk foods include baked goods, candies, cane syrup, dried mixes...
FOOD STORAGE	Perishable ingredients must be refrigerated at 45°F or below. Foods containing animal muscle protein or fish protein prohibited. Low-acid c...	Perishable ingredients requiring refrigeration must be kept at 45°F or below. Products must be shelf-stable or meet temperature requirement...	Perishable ingredients must be refrigerated at 45°F or below for the four named baked goods categories.
POPULATION	108,862	97,220	49,114

More pages for this place

These Crosodo pages cover the same home cottage-food path:

Louisiana permits PDF: crosodo.com/reports/pdf/permits/louisiana.pdf

Louisiana cottage food law: crosodo.com/states/louisiana

Terrebonne Parish cottage food law: crosodo.com/states/louisiana/terrebonne-parish