

COTTAGE BAKERY FROM HOME

Can I sell from my kitchen in Cumberland County, Maine?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-05.

STATE FOOD PERMIT	HOME OCCUPATION	BUSINESS LICENSE	SALES CAP
Yes	Varies	Varies	—

MAINE RULES. OPEN THESE FIRST.

[Maine permits PDF](#)

[Maine cottage food law page](#)

[Maine Department of Agriculture, Conservation and Forestry cottage food program](#)

[Statute: 7 M.R.S.A. §282 \(Food Sovereignty Act\)](#)

NOT LEGAL ADVICE

This is what it takes to sell from a home kitchen in Cumberland County. Confirm each step with Planning, Health, and the license office before you sell.

What you need

Cumberland County, Maine. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

Yes

ANNUAL SALES CAP

—

HOME OCCUPATION / ZONING

Varies

LOCAL HEALTH

Yes

BUSINESS LICENSE

Varies

PICKUP AT THE HOUSE

Yes

HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

CONTINUE ONLINE

Maine permits PDF →

<https://crosodo.com/reports/pdf/permits/maine.pdf>

Maine cottage food law page →

<https://crosodo.com/states/maine>

Permit page for this place →

<https://crosodo.com/what-permits/maine/cumberland-county>

Cumberland County cottage food law page →

<https://crosodo.com/states/maine/cumberland-county>

Not legal advice. Rules change. Confirm with the office before you file.

Where to file

State

Maine registration: Yes. Routine kitchen inspection: Yes. Under the statewide Home Food Processor License, producers may sell at any venue including restaurants, retail stores, farmers markets, and online, with no sales limit; indirect wholesale and retail channels are allowed once licensed and kitchen-inspected.

Maine permits PDF: crosodo.com/reports/pdf/permits/maine.pdf

State law page: crosodo.com/states/maine

Maine Department of Agriculture, Conservation and Forestry: https://www.maine.gov/dacf/qar/inspection/home_food_processor.shtml

Statute: [7 M.R.S.A. §282 \(Food Sovereignty Act\)](#)

Zoning / home occupation

Varies. Varies by municipality within Cumberland County. Portland and other cities may have home occupation zoning permits. Food sovereignty ordinance municipalities may have additional local requirements. Operator should check with local town/city planning

Health

Yes. Kitchen inspection required before operating under standard ME home food processor program; complaint-based under food sovereignty ordinances

Health: <https://www.cumberlandcounty.org>

Business license

Varies

Pickup / delivery

Under food sovereignty ordinance: direct producer-to-consumer sales broadly allowed. Under standard program: direct and indirect sales permitted

If you rent a commissary kitchen

Health inspection licenses eating and lodging. Maine cottage food is separate from an eating-place license. A commissary is typically licensed as an eating place or food establishment by Health Inspection.

Official source: [Maine eating and lodging](#)

Local health office we have on file: <https://www.cumberlandcounty.org>

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

SOURCES

<https://www.cumberlandcounty.org>

<https://www.cumberlandcounty.org>

https://www.maine.gov/dacf/qar/inspection/home_food_processor.shtml

Cumberland County and nearby places

Regulation	Cumberland County	York County	Androscoggin County
HOME KITCHEN ALLOWED	Yes	Yes	Yes
SEPARATE DEDICATED KITCHEN	No	No	No
PETS ALLOWED	Standard sanitation; no specific state restriction	Maine statewide Home Food Processor License rules prohibit 'uncontrolled children' in the kitchen during production. Pet restrictions apply...	Under statewide license: 'uncontrolled children' prohibited in kitchen during production; pets prohibited per GMP standards during producti...
INSPECTION REQUIRED	Yes	Yes	Yes
ON-SITE CUSTOMER PICKUP	Yes	Yes	Yes
ON-SITE SIGNAGE	Conditional	Conditional	Conditional
DELIVERY / PICKUP	Under food sovereignty ordinance: direct producer-to-consumer sales broadly allowed. Under standard program: direct and indirect sales perm...	Statewide license pathway: most sales channels permitted; farmers market vendors need additional Mobile Food Vendor license. Food Sovereign...	Maine allows direct sales under statewide license. Farmers market sales also require a Mobile Food Vendor license. Food Sovereignty Ordinan...
HOME OCCUPATION PERMIT	Varies	Conditional	Varies
LOCAL BUSINESS LICENSE	Varies	Varies	Varies
RESTRICTIONS	If municipality has adopted local food sovereignty ordinance: most foods allowed, direct producer-to-consumer sales, no state license neede...	Maine has two pathways: (1) Statewide Home Food Processor License: requires kitchen inspection by Maine DACF, well/septic testing if not on...	Maine has two pathways: (1) Statewide Home Food Processor License (requires kitchen inspection by DACF); (2) Local Food Sovereignty Ordinan...
FOOD STORAGE	Appropriate storage per food type	Non-TCS shelf-stable foods under the statewide license. Acidified foods (salsas, pickles, certain dressings) require prior University of Ma...	Shelf-stable non-TCS products for statewide license. Acidified foods and low-acid pressure-canned foods require prior University of Maine a...
POPULATION	303,357	212,691	111,532

More pages for this place

These Crosodo pages cover the same home cottage-food path:

Maine permits PDF: crosodo.com/reports/pdf/permits/maine.pdf

Maine cottage food law: crosodo.com/states/maine

Cumberland County cottage food law: crosodo.com/states/maine/cumberland-county