

COTTAGE BAKERY FROM HOME

Can I sell from my kitchen in Kennebec County, Maine?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-05.

STATE FOOD PERMIT

Yes

HOME OCCUPATION

Varies

BUSINESS LICENSE

Varies

SALES CAP

—

MAINE RULES. OPEN THESE FIRST.

[Maine permits PDF](#)[Maine cottage food law page](#)[Maine Department of Agriculture, Conservation and Forestry cottage food program](#)[Statute: 7 M.R.S.A. §282 \(Food Sovereignty Act\)](#)**NOT LEGAL ADVICE**

This is what it takes to sell from a home kitchen in Kennebec County. Confirm each step with Planning, Health, and the license office before you sell.

What you need

Kennebec County, Maine. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

Yes

ANNUAL SALES CAP

—

HOME OCCUPATION / ZONING

Varies

LOCAL HEALTH

Yes

BUSINESS LICENSE

Varies

PICKUP AT THE HOUSE

Yes

HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

CONTINUE ONLINE

Maine permits PDF →

<https://crosodo.com/reports/pdf/permits/maine.pdf>

Maine cottage food law page →

<https://crosodo.com/states/maine>

Permit page for this place →

<https://crosodo.com/what-permits/maine/kennebec-county>

Kennebec County cottage food law page →

<https://crosodo.com/states/maine/kennebec-county>

Not legal advice. Rules change. Confirm with the office before you file.

Where to file

State

Maine registration: Yes. Routine kitchen inspection: Yes. Under the statewide Home Food Processor License, producers may sell at any venue including restaurants, retail stores, farmers markets, and online, with no sales limit; indirect wholesale and retail channels are allowed once licensed and kitchen-inspected.

Maine permits PDF: crosodo.com/reports/pdf/permits/maine.pdf

State law page: crosodo.com/states/maine

Maine Department of Agriculture, Conservation and Forestry: https://www.maine.gov/dacf/qar/inspection/home_food_processor.shtml

Statute: [7 M.R.S.A. §282 \(Food Sovereignty Act\)](#)

Zoning / home occupation

Varies. Maine is a Freedom tier state. Under Food Sovereignty Ordinances, municipal-level rules govern. Municipalities adopting ordinances may or may not require additional local permits. Under statewide license pathway, no separate home occupation permit required beyond DCAF license. Kennebec County does not have unincorporated areas (Maine is organized as towns/cities). Each municipality has its own zoning.

Health

Yes. Statewide Home Food Processor License requires kitchen inspection by Maine DCAF Division of Quality Assurance and Regulations before license issued. Food Sovereignty Ordinance pathway does not require state inspection.

Business license

Varies

Pickup / delivery

Maine allows direct sales (farmers markets, home, events) under statewide license. Farmers market sales also require a Mobile Food Vendor license. Food Sovereignty Ordinance allows direct producer-to-consumer transactions with minimal restrictions within participating municipalities.

If you rent a commissary kitchen

Health inspection licenses eating and lodging. Maine cottage food is separate from an eating-place license. A commissary is typically licensed as an eating place or food establishment by Health Inspection.

Official source: [Maine eating and lodging](#)

Local health office we have on file: <https://www.kennebec.maine.gov>

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

SOURCES

<https://www.kennebec.maine.gov>

https://www.maine.gov/dacf/qar/inspection/home_food_processor.shtml

<https://legislature.maine.gov/statutes/7/title7sec282.html>

Kennebec County and nearby places

Regulation	Kennebec County	Androscoggin County	Somerset County
HOME KITCHEN ALLOWED	Yes	Yes	Yes
SEPARATE DEDICATED KITCHEN	No	No	No
PETS ALLOWED	Under statewide license pathway: 'uncontrolled children' prohibited in kitchen during production; pets prohibited per GMP standards during ...	Under statewide license: 'uncontrolled children' prohibited in kitchen during production; pets prohibited per GMP standards during producti...	Under statewide license: 'uncontrolled children' prohibited in kitchen during production. Pets not explicitly mentioned in state rules.
INSPECTION REQUIRED	Yes	Yes	Yes
ON-SITE CUSTOMER PICKUP	Yes	Yes	Yes
ON-SITE SIGNAGE	Conditional	Conditional	Conditional
DELIVERY / PICKUP	Maine allows direct sales (farmers markets, home, events) under statewide license. Farmers market sales also require a Mobile Food Vendor I...	Maine allows direct sales under statewide license. Farmers market sales also require a Mobile Food Vendor license. Food Sovereignty Ordinanc...	Under statewide license: sales at farmers markets require additional Mobile Food Vendor license. Under Food Sovereignty Ordinances: direct ...
HOME OCCUPATION PERMIT	Varies	Varies	Conditional
LOCAL BUSINESS LICENSE	Varies	Varies	Varies
RESTRICTIONS	Maine has two pathways: (1) Statewide Home Food Processor License (requires kitchen inspection by DACF, well/septic testing if applicable);...	Maine has two pathways: (1) Statewide Home Food Processor License (requires kitchen inspection by DACF); (2) Local Food Sovereignty Ordinanc...	Two pathways: (1) Statewide Home Food Processor License: requires DACF kitchen inspection, most non-TCS shelf-stable foods allowed; acidifi...
FOOD STORAGE	Shelf-stable non-TCS products stored per food safety standards. Acidified foods and low-acid pressure-canned foods require prior University...	Shelf-stable non-TCS products for statewide license. Acidified foods and low-acid pressure-canned foods require prior University of Maine a...	Shelf-stable products under statewide license; broader foods may be permitted under Food Sovereignty Ordinances in participating municipali...
POPULATION	124,003	111,532	50,656

More pages for this place

These Crosodo pages cover the same home cottage-food path:

Maine permits PDF: crosodo.com/reports/pdf/permits/maine.pdf

Maine cottage food law: crosodo.com/states/maine

Kennebec County cottage food law: crosodo.com/states/maine/kennebec-county