

COTTAGE BAKERY FROM HOME

Can I sell from my kitchen in York County, Maine?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-05.

STATE FOOD PERMIT

Yes

HOME OCCUPATION

Conditional

BUSINESS LICENSE

Varies

SALES CAP

—

MAINE RULES. OPEN THESE FIRST.

[Maine permits PDF](#)[Maine cottage food law page](#)[Maine Department of Agriculture, Conservation and Forestry cottage food program](#)[Statute: 7 M.R.S.A. §282 \(Food Sovereignty Act\)](#)**NOT LEGAL ADVICE**

This is what it takes to sell from a home kitchen in York County. Confirm each step with Planning, Health, and the license office before you sell.

What you need

York County, Maine. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

Yes

ANNUAL SALES CAP

—

HOME OCCUPATION / ZONING

Conditional

LOCAL HEALTH

Yes

BUSINESS LICENSE

Varies

PICKUP AT THE HOUSE

Yes

HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

CONTINUE ONLINE

Maine permits PDF →

<https://crosodo.com/reports/pdf/permits/maine.pdf>

Maine cottage food law page →

<https://crosodo.com/states/maine>

Permit page for this place →

<https://crosodo.com/what-permits/maine/york-county>

York County cottage food law page →

<https://crosodo.com/states/maine/york-county>

Not legal advice. Rules change. Confirm with the office before you file.

Where to file

State

Maine registration: Yes. Routine kitchen inspection: Yes. Under the statewide Home Food Processor License, producers may sell at any venue including restaurants, retail stores, farmers markets, and online, with no sales limit; indirect wholesale and retail channels are allowed once licensed and kitchen-inspected.

Maine permits PDF: crosodo.com/reports/pdf/permits/maine.pdf

State law page: crosodo.com/states/maine

Maine Department of Agriculture, Conservation and Forestry: https://www.maine.gov/dacf/qar/inspection/home_food_processor.shtml

Statute: [7 M.R.S.A. §282 \(Food Sovereignty Act\)](#)

Zoning / home occupation

Conditional. York County municipalities vary. Under the statewide license pathway, local zoning may require a home occupation permit. Under the Food Sovereignty Act, local municipal ordinances govern; some municipalities have adopted food sovereignty ordinances (over 80+ in Maine as of 2025). York County municipalities like Kittery, York, Wells, Kennebunk, Biddeford, and Saco each have their own zoning rules. Contact individual town/city offices for home occupation permit requirements.

Planning: <https://www.yorkcountymaine.gov/planning>

Health

Yes. Statewide Home Food Processor License requires initial kitchen inspection by DACF Division of Quality Assurance and Regulations before license is issued. Local Food Sovereignty Ordinance path: no routine inspection required.

Health: <https://www.yorkcountymaine.gov>

Business license

Varies

Pickup / delivery

Statewide license pathway: most sales channels permitted; farmers market vendors need additional Mobile Food Vendor license. Food Sovereignty Act pathway: direct producer-to-consumer transactions; sales must be in-state and directly to the end consumer.

If you rent a commissary kitchen

Health inspection licenses eating and lodging. Maine cottage food is separate from an eating-place license. A commissary is typically licensed as an eating place or food establishment by Health Inspection.

Official source: [Maine eating and lodging](#)

Local health office we have on file: <https://www.yorkcountymaine.gov>

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

SOURCES

<https://www.yorkcountymaine.gov>

<https://www.yorkcounty.gov/planning>

<https://www.yorkcountymaine.gov>

https://www.maine.gov/dacf/qar/inspection/home_food_processor.shtml

<https://legislature.maine.gov/statutes/7/title7sec282.html>

York County and nearby places

Regulation	York County	Cumberland County	Oxford County
HOME KITCHEN ALLOWED	Yes	Yes	Yes
SEPARATE DEDICATED KITCHEN	No	No	No
PETS ALLOWED	Maine statewide Home Food Processor License rules prohibit 'uncontrolled children' in the kitchen during production. Pet restrictions apply...	Standard sanitation; no specific state restriction	Under the statewide license, 'uncontrolled children' are prohibited in the kitchen during production; pets likely subject to similar restri...
INSPECTION REQUIRED	Yes	Yes	Yes
ON-SITE CUSTOMER PICKUP	Yes	Yes	Conditional
ON-SITE SIGNAGE	Conditional	Conditional	Conditional
DELIVERY / PICKUP	Statewide license pathway: most sales channels permitted; farmers market vendors need additional Mobile Food Vendor license. Food Sovereign...	Under food sovereignty ordinance: direct producer-to-consumer sales broadly allowed. Under standard program: direct and indirect sales perm...	Under statewide license: farmers markets, home sales, events. Under Food Sovereignty Act: direct-to-consumer including home sales, farmers ...
HOME OCCUPATION PERMIT	Conditional	Varies	Varies
LOCAL BUSINESS LICENSE	Varies	Varies	Varies
RESTRICTIONS	Maine has two pathways: (1) Statewide Home Food Processor License: requires kitchen inspection by Maine DACF, well/septic testing if not on...	If municipality has adopted local food sovereignty ordinance: most foods allowed, direct producer-to-consumer sales, no state license needed...	Maine has two pathways: (1) Statewide Home Food Processor License — requires license, kitchen inspection by DACF, and well/septic testing i...
FOOD STORAGE	Non-TCS shelf-stable foods under the statewide license. Acidified foods (salsas, pickles, certain dressings) require prior University of Ma...	Appropriate storage per food type	Shelf-stable, non-TCS products required under statewide license; Food Sovereignty Act pathway has fewer restrictions.
POPULATION	212,691	303,357	58,276

More pages for this place

These Crosodo pages cover the same home cottage-food path:

Maine permits PDF: crosodo.com/reports/pdf/permits/maine.pdf

Maine cottage food law: crosodo.com/states/maine

York County cottage food law: crosodo.com/states/maine/york-county