

COTTAGE BAKERY FROM HOME

Can I sell from my kitchen in Polk County, Missouri?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-06.

STATE FOOD PERMIT

No

HOME OCCUPATION

Unknown

BUSINESS LICENSE

Unknown

SALES CAP

—

MISSOURI RULES. OPEN THESE FIRST.

[Missouri permits PDF](#)[Missouri cottage food law page](#)[Missouri Department of Health and Senior Services cottage food program](#)[Statute: Mo. Rev. Stat. §196.298](#)**NOT LEGAL ADVICE**

This is what it takes to sell from a home kitchen in Polk County. Confirm each step with Planning, Health, and the license office before you sell.

What you need

Polk County, Missouri. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

No

ANNUAL SALES CAP

—

HOME OCCUPATION / ZONING

Unknown

LOCAL HEALTH

No

BUSINESS LICENSE

Unknown

PICKUP AT THE HOUSE

Yes

HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

CONTINUE ONLINE

[Missouri permits PDF →](#)

<https://crosodo.com/reports/pdf/permits/missouri.pdf>

[Missouri cottage food law page →](#)

<https://crosodo.com/states/missouri>

[Permit page for this place →](#)

<https://crosodo.com/what-permits/missouri/polk-county>

[Polk County cottage food law page →](#)

<https://crosodo.com/states/missouri/polk-county>

Not legal advice. Rules change. Confirm with the office before you file.

Where to file

State

Missouri registration: No. Routine kitchen inspection: No. Under §196.298, sales must be directly to consumers from the producer's home. Events, farmers markets, restaurants, retail stores, and roadside stands are not permitted under this law. Internet/online sales are allowed but only if both the producer and buyer are located in Missouri. Local health departments are explicitly prohibited from regulating the production of food at cottage food operations. A separate Missouri statute (individual stands law) allows sales at events and roadside stands in counties that have adopted it, permitting most other nonperishable foods.

Missouri permits PDF: crosodo.com/reports/pdf/permits/missouri.pdf

State law page: crosodo.com/states/missouri

Missouri Department of Health and Senior Services: <https://health.mo.gov/safety/foodsafety/cottagefood.php>

Statute: [Mo. Rev. Stat. §196.298](#)

Zoning / home occupation

Unknown. No county-level home occupation permit ordinance identified for unincorporated Polk County. Operators in Bolivar should check city code separately.

Health

No. Missouri law expressly bars local health departments from regulating cottage food production (§196.298(3)(1)). No routine inspections. State may investigate foodborne illness complaints.

Business license

Unknown

Pickup / delivery

Missouri cottage food law allows direct-to-consumer sales from home and at events/farmers markets. In-state online sales permitted per 2022 amendment (HB 1697). Home pickup and delivery to customers allowed.

If you rent a commissary kitchen

A commissary is a food establishment. Cottage food is not. Missouri cottage food is not a food-service establishment. A rented kitchen is permitted by the local health department or DHSS.

Official source: [Missouri DHSS food safety](#)

Local health office we have on file: <https://www.polkcounty.gov>

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

SOURCES

<https://www.polkcounty.gov>

<https://revisor.mo.gov/main/OneSection.aspx?section=196.298>

<https://health.mo.gov/safety/foodsafety/pdf/home-based-kitchen-food-prod-guidance.pdf>

Polk County and nearby places

Regulation	Polk County	Dallas County	Cedar County
HOME KITCHEN ALLOWED	Yes	Yes	Yes
SEPARATE DEDICATED KITCHEN	No	No	No
PETS ALLOWED	No explicit state-level pet restriction for cottage food operations under Missouri law. Standard sanitation practices recommended.	No explicit state restriction; standard food safety practices apply.	No explicit state restriction; standard food safety practices apply.
INSPECTION REQUIRED	No	No	No
ON-SITE CUSTOMER PICKUP	Yes	Conditional	Conditional
ON-SITE SIGNAGE	Unknown	No	No
DELIVERY / PICKUP	Missouri cottage food law allows direct-to-consumer sales from home and at events/ farmers markets. In-state online sales permitted per 2022...	Direct sales at home and in-state delivery. Farmers markets, online sales with in-state delivery allowed since 2022. No interstate sales.	Direct sales at home and in-state delivery. Farmers markets, online sales with in-state delivery allowed since 2022. No interstate sales.
HOME OCCUPATION PERMIT	Unknown	Yes	Yes
LOCAL BUSINESS LICENSE	Unknown	Varies	Varies
RESTRICTIONS	Missouri state law (§196.298) permits home kitchen production of nonperishable baked goods, canned jams/ jellies, and dried herbs with a \$50...	Missouri Cottage Law is narrow: only nonperishable baked goods, canned jams/ jellies, and dried herbs/mixes are permitted. All other foods r...	Missouri Cottage Law is narrow: only nonperishable baked goods, canned jams/ jellies, and dried herbs/mixes are permitted. All other foods r...
FOOD STORAGE	Products must be properly stored to prevent contamination. No state-mandated specific storage requirements for cottage food.	Shelf-stable storage for baked goods, jams, jellies, dried herbs.	Shelf-stable storage for baked goods, jams, jellies, dried herbs.
POPULATION	31,877	17,158	14,314

More pages for this place

These Crosodo pages cover the same home cottage-food path:

Missouri permits PDF: crosodo.com/reports/pdf/permits/missouri.pdf

Missouri cottage food law: crosodo.com/states/missouri

Polk County cottage food law: crosodo.com/states/missouri/polk-county