

COTTAGE BAKERY FROM HOME

Can I sell from my kitchen in St. Louis City, Missouri?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-05.

STATE FOOD PERMIT

No

HOME OCCUPATION

Conditional

BUSINESS LICENSE

Yes

SALES CAP

—

MISSOURI RULES. OPEN THESE FIRST.

[Missouri permits PDF](#)[Missouri cottage food law page](#)[Missouri Department of Health and Senior Services cottage food program](#)[Statute: Mo. Rev. Stat. §196.298](#)**NOT LEGAL ADVICE**

This is what it takes to sell from a home kitchen in St. Louis City. Confirm each step with Planning, Health, and the license office before you sell.

What you need

St. Louis City, Missouri. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

No

ANNUAL SALES CAP

—

HOME OCCUPATION / ZONING

Conditional

LOCAL HEALTH

No

BUSINESS LICENSE

Yes

PICKUP AT THE HOUSE

Yes

HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

CONTINUE ONLINE

Missouri permits PDF →

<https://crosodo.com/reports/pdf/permits/missouri.pdf>

Missouri cottage food law page →

<https://crosodo.com/states/missouri>

Permit page for this place →

<https://crosodo.com/what-permits/missouri/st-louis-city>

St. Louis City cottage food law page →

<https://crosodo.com/states/missouri/st-louis-city>

Not legal advice. Rules change. Confirm with the office before you file.

Where to file

State

Missouri registration: No. Routine kitchen inspection: No. Under \$196.298, sales must be directly to consumers from the producer's home. Events, farmers markets, restaurants, retail stores, and roadside stands are not permitted under this law. Internet/online sales are allowed but only if both the producer and buyer are located in Missouri. Local health departments are explicitly prohibited from regulating the production of food at cottage food operations. A separate Missouri statute (individual stands law) allows sales at events and roadside stands in counties that have adopted it, permitting most other nonperishable foods.

Missouri permits PDF: crosodo.com/reports/pdf/permits/missouri.pdf

State law page: crosodo.com/states/missouri

Missouri Department of Health and Senior Services: <https://health.mo.gov/safety/foodsafety/cottagefood.php>

Statute: [Mo. Rev. Stat. §196.298](#)

Zoning / home occupation

Conditional. St. Louis city is an independent city (not part of any county). City of St. Louis has its own zoning code; home-based businesses typically require a home occupation permit through the city Planning & Urban Design Agency. Operator should verify with St. Louis city zoning

Health

No. Complaint-based possible

Business license

Yes

Pickup / delivery

Direct to consumer only; farmers markets, events, roadside stands; no retail/wholesale

If you rent a commissary kitchen

A commissary is a food establishment. Cottage food is not. Missouri cottage food is not a food-service establishment. A rented kitchen is permitted by the local health department or DHSS.

Official source: [Missouri DHSS food safety](#)

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

SOURCES

<https://health.mo.gov/safety/foodsafety/cottagefood.php>

St. Louis city and nearby places

Regulation	St. Louis city	St. Louis County	Jefferson County
HOME KITCHEN ALLOWED	Yes	Yes	Yes
SEPARATE DEDICATED KITCHEN	No	No	No
PETS ALLOWED	No specific state restriction; general sanitation applies	No county-specific cottage food pet restrictions found; state law silent on pets. Standard home kitchen hygiene practices apply.	No explicit state-level pet restriction for cottage food operations under Missouri law. Standard sanitation practices recommended.
INSPECTION REQUIRED	No	No	No
ON-SITE CUSTOMER PICKUP	Yes	Conditional	Yes
ON-SITE SIGNAGE	Conditional	No	Conditional
DELIVERY / PICKUP	Direct to consumer only; farmers markets, events, roadside stands; no retail/wholesale	Under state cottage food law, direct-to-consumer sales at the individual's home are the only authorized sale location under §196.298. Custo...	Missouri cottage food law allows direct-to-consumer sales from home, online (in-state shipping as of 2022 amendment, HB 1697), and at event...
HOME OCCUPATION PERMIT	Conditional	Yes	Yes
LOCAL BUSINESS LICENSE	Yes	Varies	Varies
RESTRICTIONS	Non-TCS nonperishable foods; direct to consumer only; no state license or inspection; labeling required	State law (§196.298) prohibits local health departments from regulating cottage food production. Production must occur in the individual's ...	Missouri state law (§196.298) permits home kitchen production of nonperishable baked goods, canned jams/jellies, and dried herbs. Jefferson...
FOOD STORAGE	Non-TCS foods stored in sanitary conditions	State guidance recommends proper temperature, pest-free storage; no county-specific overlay.	Products must be properly stored to prevent contamination. No state-mandated specific storage requirements for cottage food.
POPULATION	298,018	999,703	226,984

More pages for this place

These Crosodo pages cover the same home cottage-food path:

Missouri permits PDF: crosodo.com/reports/pdf/permits/missouri.pdf

Missouri cottage food law: crosodo.com/states/missouri

St. Louis City cottage food law: crosodo.com/states/missouri/st-louis-city