

COTTAGE BAKERY FROM HOME

Can I sell from my kitchen in Belknap County, New Hampshire?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-05.

STATE FOOD PERMIT

Depends

HOME OCCUPATION

Varies

BUSINESS LICENSE

Varies

SALES CAP

Tiered

NEW HAMPSHIRE RULES. OPEN THESE FIRST.

[New Hampshire permits PDF](#)[New Hampshire cottage food law page](#)[New Hampshire Department of Health and Human Services cottage food program](#)[Statute: RSA §143-A:12](#)**NOT LEGAL ADVICE**

This is what it takes to sell from a home kitchen in Belknap County. Confirm each step with Planning, Health, and the license office before you sell.

What you need

Belknap County, New Hampshire. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

Depends

ANNUAL SALES CAP

Tiered

HOME OCCUPATION / ZONING

Varies

LOCAL HEALTH

Upon-complaint

BUSINESS LICENSE

Varies

PICKUP AT THE HOUSE

Yes

HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

CONTINUE ONLINE

New Hampshire permits PDF →

<https://crosodo.com/reports/pdf/permits/new-hampshire.pdf>

New Hampshire cottage food law page →

<https://crosodo.com/states/new-hampshire>

Permit page for this place →

<https://crosodo.com/what-permits/new-hampshire/belknap-county>

Belknap County cottage food law page →

<https://crosodo.com/states/new-hampshire/belknap-county>

Not legal advice. Rules change. Confirm with the office before you file.

Where to file

State

New Hampshire registration: Depends. Routine kitchen inspection: Upon-complaint. Exempt operations (below sales cap) may sell at retail food stores without a license. Sales to restaurants, over the internet, by mail order, or to wholesalers/distributors require a Class H Homestead License under RSA 143-A:4. The department may inspect upon suspicion of imminent health hazard but does not conduct routine inspections of exempt operations.

New Hampshire permits PDF: [crosodo.com/reports/pdf/permits/new-hampshire.pdf](https://www.crosodo.com/reports/pdf/permits/new-hampshire.pdf)

State law page: [crosodo.com/states/new-hampshire](https://www.crosodo.com/states/new-hampshire)

New Hampshire Department of Health and Human Services: <https://www.dhhs.nh.gov/programs-services/food-protection/homestead-food-licensing>

Statute: [RSA §143-A:12](#)

Zoning / home occupation

Varies. Belknap County is in the Lakes Region of NH with county seat Laconia. County govt URL confirmed at belknapcounty.gov. No specific county-level home occupation permit for cottage food identified. Contact Belknap County Planning or City of Laconia for local zoning.

Health

Upon-complaint. Complaint-based; NH DHHS may inspect upon complaint

Business license

Varies

Pickup / delivery

Below sales threshold: sales from homestead, farm stand, farmers markets, retail food stores permitted without license. Above threshold: Class H Homestead License required for internet/mail/wholesale/restaurant sales.

If you rent a commissary kitchen

DHHS licenses food service. New Hampshire homestead food is not a food-service license. A commissary is a food service establishment licensed by DHHS.

Official source: [NH food protection](#)

Local health office we have on file: <https://www.belknapcounty.gov>

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

SOURCES

<https://www.belknapcounty.gov>

<https://www.dhhs.nh.gov/programs-services/food-protection/homestead-food-licensing>

<http://www.gencourt.state.nh.us/rsa/html/X/143-A/143-A-mrg.htm>

Belknap County and nearby places

Regulation	Belknap County	Carroll County	Grafton County
HOME KITCHEN ALLOWED	Yes	Yes	Yes
SEPARATE DEDICATED KITCHEN	No	No	No
PETS ALLOWED	No specific state prohibition; good manufacturing practice applies	Not specified in state law.	Pets must be excluded from the food production area during all food production activities.
INSPECTION REQUIRED	Upon-complaint	Upon-complaint	Upon-complaint
ON-SITE CUSTOMER PICKUP	Yes	Yes	Conditional
ON-SITE SIGNAGE	Conditional	Conditional	Conditional
DELIVERY / PICKUP	Below sales threshold: sales from homestead, farm stand, farmers markets, retail food stores permitted without license. Above threshold: Cl...	Below threshold: sales from homestead, farm stand, farmers markets, and retail stores allowed without license. Above threshold: Class H lic...	Homestead food products may be sold from the homestead residence, at the owner's farm stand, at farmers markets, and at retail food stores ...
HOME OCCUPATION PERMIT	Varies	Conditional	Varies
LOCAL BUSINESS LICENSE	Varies	Varies	Varies
RESTRICTIONS	Non-PHF homestead food products from operator's primary home kitchen may be sold without a license below the annual sales threshold. Above ...	Must be primary home kitchen. Non-potentially hazardous homestead food products only. Below the sales cap threshold: no license required fo...	Production must occur in the operator's primary residence home kitchen or a designated food production area within the primary residence. A...
FOOD STORAGE	Non-PHF shelf-stable foods; processed acidified/low-acid canned foods prohibited	Products must be non-potentially hazardous.	Food, equipment, and utensils must be stored in a manner that prevents contamination.
POPULATION	63,914	50,679	90,836

More pages for this place

These Crosodo pages cover the same home cottage-food path:

New Hampshire permits PDF: crosodo.com/reports/pdf/permits/new-hampshire.pdf

New Hampshire cottage food law: crosodo.com/states/new-hampshire

Belknap County cottage food law: crosodo.com/states/new-hampshire/belknap-county