

COTTAGE BAKERY FROM HOME

Can I sell from my kitchen in Sullivan County, New Hampshire?

Home kitchen sales. Not a shop or rented commercial kitchen.

STATE FOOD PERMIT

HOME OCCUPATION

BUSINESS LICENSE

SALES CAP

Depends

—

—

Tiered

NEW HAMPSHIRE RULES. OPEN THESE FIRST.

[New Hampshire permits PDF](#)[New Hampshire cottage food law page](#)[New Hampshire Department of Health and Human Services cottage food program](#)[Statute: RSA §143-A:12](#)**NOT LEGAL ADVICE**

This is what it takes to sell from a home kitchen in Sullivan County. Confirm each step with Planning, Health, and the license office before you sell.

What you need

Sullivan County, New Hampshire. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

Depends

HOME OCCUPATION / ZONING

—

BUSINESS LICENSE

—

ANNUAL SALES CAP

Tiered

LOCAL HEALTH

—

PICKUP AT THE HOUSE

—

HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

CONTINUE ONLINE

New Hampshire permits PDF →

<https://crosodo.com/reports/pdf/permits/new-hampshire.pdf>

New Hampshire cottage food law page →

<https://crosodo.com/states/new-hampshire>

Permit page for this place →

<https://crosodo.com/what-permits/new-hampshire/sullivan-county>

Sullivan County cottage food law page →

<https://crosodo.com/states/new-hampshire/sullivan-county>

Not legal advice. Rules change. Confirm with the office before you file.

Where to file

State

New Hampshire registration: Depends. Routine kitchen inspection: Upon-complaint. Exempt operations (below sales cap) may sell at retail food stores without a license. Sales to restaurants, over the internet, by mail order, or to wholesalers/distributors require a Class H Homestead License under RSA 143-A:4. The department may inspect upon suspicion of imminent health hazard but does not conduct routine inspections of exempt operations.

New Hampshire permits PDF: [crosodo.com/reports/pdf/permits/new-hampshire.pdf](https://www.crosodo.com/reports/pdf/permits/new-hampshire.pdf)

State law page: [crosodo.com/states/new-hampshire](https://www.crosodo.com/states/new-hampshire)

New Hampshire Department of Health and Human Services: <https://www.dhhs.nh.gov/programs-services/food-protection/homestead-food-licensing>

Statute: [RSA §143-A:12](#)

Zoning / home occupation

—

Health

—

Business license

—

Pickup / delivery

Ask Planning before you advertise pickup at the house.

If you rent a commissary kitchen

DHHS licenses food service. New Hampshire homestead food is not a food-service license. A commissary is a food service establishment licensed by DHHS.

Official source: [NH food protection](#)

Local health office we have on file: <https://www.sullivancounty.gov>

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

SOURCES

<https://www.sullivancounty.gov>

Sullivan County and nearby places

Regulation	Sullivan County	Cheshire County	Grafton County
HOME KITCHEN ALLOWED	—	Yes	Yes
SEPARATE DEDICATED KITCHEN	—	No	No
PETS ALLOWED	—	Not specified in state statute.	Pets must be excluded from the food production area during all food production activities.
INSPECTION REQUIRED	—	Upon-complaint	Upon-complaint
ON-SITE CUSTOMER PICKUP	—	Yes	Conditional
ON-SITE SIGNAGE	—	Conditional	Conditional
DELIVERY / PICKUP	—	Below sales threshold: may sell locally at homestead, farm stand, farmers markets, retail stores — no license needed. Above threshold or fo...	Homestead food products may be sold from the homestead residence, at the owner's farm stand, at farmers markets, and at retail food stores ...
HOME OCCUPATION PERMIT	—	Conditional	Varies
LOCAL BUSINESS LICENSE	—	Varies	Varies
RESTRICTIONS	—	Non-potentially-hazardous homestead food products prepared in the operator's primary home kitchen. Below the sales threshold, may sell from...	Production must occur in the operator's primary residence home kitchen or a designated food production area within the primary residence. A...
FOOD STORAGE	—	Non-potentially-hazardous shelf-stable products must be stored appropriately.	Food, equipment, and utensils must be stored in a manner that prevents contamination.
POPULATION	43,356	76,610	90,836

More pages for this place

These Crosodo pages cover the same home cottage-food path:

New Hampshire permits PDF: crosodo.com/reports/pdf/permits/new-hampshire.pdf

New Hampshire cottage food law: crosodo.com/states/new-hampshire

Sullivan County cottage food law: crosodo.com/states/new-hampshire/sullivan-county