

COTTAGE BAKERY FROM HOME

Can I sell from my kitchen in Gaston County, North Carolina?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-05.

STATE FOOD PERMIT	HOME OCCUPATION	BUSINESS LICENSE	SALES CAP
Yes	Yes	Conditional	—

NORTH CAROLINA RULES. OPEN THESE FIRST.

[North Carolina permits PDF](#)

[North Carolina cottage food law page](#)

[North Carolina Department of Agriculture and Consumer Services cottage food program](#)

[Statute: 02 NCAC 9C.0307](#)

NOT LEGAL ADVICE

This is what it takes to sell from a home kitchen in Gaston County. Confirm each step with Planning, Health, and the license office before you sell.

What you need

Gaston County, North Carolina. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

Yes

ANNUAL SALES CAP

—

HOME OCCUPATION / ZONING

Yes

LOCAL HEALTH

Yes

BUSINESS LICENSE

Conditional

PICKUP AT THE HOUSE

Conditional

HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

CONTINUE ONLINE

North Carolina permits PDF →

<https://crosodo.com/reports/pdf/permits/north-carolina.pdf>

North Carolina cottage food law page →

<https://crosodo.com/states/north-carolina>

Permit page for this place →

<https://crosodo.com/what-permits/north-carolina/gaston-county>

Gaston County cottage food law page →

<https://crosodo.com/states/north-carolina/gaston-county>

Not legal advice. Rules change. Confirm with the office before you file.

Where to file

State

North Carolina registration: Yes. Routine kitchen inspection: Yes. Home processors may sell to retail stores, restaurants, and directly to consumers. Sales at farmers markets are permitted. Labels are required for wholesale and packaged self-service retail; direct hand-to-consumer sales (e.g., from home or at events) may be exempt from affixed labels if ingredient info is available on request. NC requires annual home kitchen inspection, which is unusual among no-cap states.

North Carolina permits PDF: crosodo.com/reports/pdf/permits/north-carolina.pdf

State law page: crosodo.com/states/north-carolina

North Carolina Department of Agriculture and Consumer Services: <https://www.ncagr.gov/divisions/food-drug-protection/food-program/fdpd-food-program-home-processor>

Statute: [02 NCAC 9C.0307](#)

Zoning / home occupation

Yes. Gaston County is listed as 'pattern' — no county URLs. NC home processor application requires checking with local planning/zoning department. Check with Gaston County Planning Department.

Health

Yes. Annual inspection by NCDA&CS required

Business license

Conditional

Pickup / delivery

Direct and indirect sales allowed after annual inspection. Gastonia city limits have municipal zoning.

If you rent a commissary kitchen

NCDA or the local health department, depending on the food. North Carolina home processors register with NCDA. A commissary used as a food service kitchen is typically permitted by the local health department; a food manufacturing plant is NCDA. Ask the kitchen which license they operate under.

Official source: [NCDHHS food protection](#)

Local health office we have on file: <https://www.gastoncounty.gov>

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

SOURCES

<https://www.gastoncounty.gov>

<https://www.ncagr.gov/divisions/food-drug-protection/food-program/food-drug-food-program-home-processor>

<https://www.ncagr.gov/divisions/food-and-drug-protection/home-processor-inspections>

Gaston County and nearby places

Regulation	Gaston County	Cleveland County	Lincoln County
HOME KITCHEN ALLOWED	Conditional	Yes	Yes
SEPARATE DEDICATED KITCHEN	No	No	No
PETS ALLOWED	No pets allowed in home at any time — presence of any pet disqualifies applicant	PETS IN THE HOME DISQUALIFY APPLICANTS ENTIRELY for the NC Home Processor registration.	Any pets in the home at any time disqualify the applicant from operating a home-based food business under NC Home Processor program. This i...
INSPECTION REQUIRED	Yes	Yes	Yes
ON-SITE CUSTOMER PICKUP	Conditional	Yes	Conditional
ON-SITE SIGNAGE	Conditional	Conditional	Conditional
DELIVERY / PICKUP	Direct and indirect sales allowed after annual inspection. Gastonia city limits have municipal zoning.	Direct-to-consumer and some wholesale/retail sales permitted within North Carolina. Online and delivery sales permitted within state.	Sales allowed at farmers markets, from home, at events, to retail stores, and to restaurants after passing inspection. No interstate sales.
HOME OCCUPATION PERMIT	Yes	Conditional	Conditional
LOCAL BUSINESS LICENSE	Conditional	Varies	Varies
RESTRICTIONS	Annual home kitchen inspection by NCDA&CS required. Pets in home at any time disqualify applicant entirely. Kitchen must be in the dwelling...	North Carolina home processor program requires annual inspection of the home kitchen by NCDA&CS. Shelf-stable, low-risk foods permitted inc...	North Carolina requires a home kitchen inspection by NCDA&CS before any sales. Pets (including indoor pets) disqualify the applicant entire...
FOOD STORAGE	Shelf-stable foods only; no refrigerated or frozen products	Shelf-stable, non-refrigerated/ non-frozen products only. Prohibited: refrigerated/frozen products, low-acid canned foods, dairy products, s...	Storage plan for supplies, equipment, and finished product must be provided with application. Areas where materials, ingredients, and equip...
POPULATION	228,972	99,527	87,933

More pages for this place

These Crosodo pages cover the same home cottage-food path:

North Carolina permits PDF: crosodo.com/reports/pdf/permits/north-carolina.pdf

North Carolina cottage food law: crosodo.com/states/north-carolina

Gaston County cottage food law: crosodo.com/states/north-carolina/gaston-county