

COTTAGE BAKERY FROM HOME

Can I sell from my kitchen in Stokes County, North Carolina?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-06.

STATE FOOD PERMIT

Yes

HOME OCCUPATION

Varies

BUSINESS LICENSE

Varies

SALES CAP

—

NORTH CAROLINA RULES. OPEN THESE FIRST.

[North Carolina permits PDF](#)

[North Carolina cottage food law page](#)

[North Carolina Department of Agriculture and Consumer Services cottage food program](#)

[Statute: 02 NCAC 9C.0307](#)

NOT LEGAL ADVICE

This is what it takes to sell from a home kitchen in Stokes County. Confirm each step with Planning, Health, and the license office before you sell.

What you need

Stokes County, North Carolina. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

Yes

ANNUAL SALES CAP

—

HOME OCCUPATION / ZONING

Varies

LOCAL HEALTH

Yes

BUSINESS LICENSE

Varies

PICKUP AT THE HOUSE

Yes

HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

CONTINUE ONLINE

North Carolina permits PDF →

<https://crosodo.com/reports/pdf/permits/north-carolina.pdf>

North Carolina cottage food law page →

<https://crosodo.com/states/north-carolina>

Permit page for this place →

<https://crosodo.com/what-permits/north-carolina/stokes-county>

Stokes County cottage food law page →

<https://crosodo.com/states/north-carolina/stokes-county>

Not legal advice. Rules change. Confirm with the office before you file.

Where to file

State

North Carolina registration: Yes. Routine kitchen inspection: Yes. Home processors may sell to retail stores, restaurants, and directly to consumers. Sales at farmers markets are permitted. Labels are required for wholesale and packaged self-service retail; direct hand-to-consumer sales (e.g., from home or at events) may be exempt from affixed labels if ingredient info is available on request. NC requires annual home kitchen inspection, which is unusual among no-cap states.

North Carolina permits PDF: crosodo.com/reports/pdf/permits/north-carolina.pdf

State law page: crosodo.com/states/north-carolina

North Carolina Department of Agriculture and Consumer Services: <https://www.ncagr.gov/divisions/food-drug-protection/food-program/fdpd-food-program-home-processor>

Statute: [02 NCAC 9C.0307](#)

Zoning / home occupation

Varies. Stokes County zoning in unincorporated areas may require a home occupation permit. Operators should contact Stokes County Planning for requirements.

Health

Yes. Annual inspection of home kitchen by NCDA&CS required before registration renewal each year.

Business license

Varies

Pickup / delivery

Sales permitted at farms, farm stands, farmers markets, craft fairs, home delivery, and online (within NC). Indirect sales to stores permitted under state law.

If you rent a commissary kitchen

NCDA or the local health department, depending on the food. North Carolina home processors register with NCDA. A commissary used as a food service kitchen is typically permitted by the local health department; a food manufacturing plant is NCDA. Ask the kitchen which license they operate under.

Official source: [NCDHHS food protection](#)

Local health office we have on file: <https://www.stokescounty.gov>

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

SOURCES

<https://www.stokescounty.gov>

<https://www.ncagr.gov/divisions/food-drug-protection/food-program/fdpd-food-program-home-processor>

Stokes County and nearby places

Regulation	Stokes County	Surry County	Rockingham County
HOME KITCHEN ALLOWED	Yes	Yes	Yes
SEPARATE DEDICATED KITCHEN	No	No	No
PETS ALLOWED	No pets allowed in the home at all — presence of pet animals in the home disqualifies the applicant under GMP requirements (21 CFR 117 Subp...	Pet animals in the home disqualify the applicant entirely	ANY pet animals in the home DISQUALIFY the applicant from obtaining a NC home processor permit.
INSPECTION REQUIRED	Yes	Yes	Yes
ON-SITE CUSTOMER PICKUP	Yes	Yes	Yes
ON-SITE SIGNAGE	Conditional	Conditional	Conditional
DELIVERY / PICKUP	Sales permitted at farms, farm stands, farmers markets, craft fairs, home delivery, and online (within NC). Indirect sales to stores permit...	Direct-to-consumer sales; no wholesale or retail resale	Direct and indirect sales (NC allows wholesale). Farmers markets, events, home, retail stores permitted. Must be registered with NCDA&CS.
HOME OCCUPATION PERMIT	Varies	Varies	Varies
LOCAL BUSINESS LICENSE	Varies	Varies	Varies
RESTRICTIONS	NC state law requires annual home kitchen inspection by NCDA&CS. Pets in the home disqualify the applicant entirely. Shelf-stable, low-risk...	Home processor registration required with NC Dept of Agriculture. Initial kitchen inspection required. No sales cap. Shelf-stable, low-risk...	North Carolina home processor program (02 NCAC 09C .0307) requires annual inspection of the home kitchen by NCDA&CS. No sales cap. Allowed:...
FOOD STORAGE	Shelf-stable storage required; products must be non-refrigerated.	Products must be shelf-stable; appropriate storage required	Shelf-stable non-refrigerated products only; no frozen, dairy, seafood, or cream-filled pastries.
POPULATION	46,311	71,429	91,209

More pages for this place

These Crosodo pages cover the same home cottage-food path:

North Carolina permits PDF: crosodo.com/reports/pdf/permits/north-carolina.pdf

North Carolina cottage food law: crosodo.com/states/north-carolina

Stokes County cottage food law: crosodo.com/states/north-carolina/stokes-county