

## COTTAGE BAKERY FROM HOME

# Can I sell from my kitchen in Adams County, North Dakota?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-06.

STATE FOOD PERMIT

**No**

HOME OCCUPATION

**Conditional**

BUSINESS LICENSE

**No**

SALES CAP

**—**

NORTH DAKOTA RULES. OPEN THESE FIRST.

[North Dakota permits PDF](#)

[North Dakota cottage food law page](#)

North Dakota Department of Health and Human Services (formerly Department of Health) cottage food program

[Statute: N.D. Cent. Code §23-09.5-01 through §23-09.5-02](#)

**NOT LEGAL ADVICE**

This is what it takes to sell from a home kitchen in Adams County. Confirm each step with Planning, Health, and the license office before you sell.

## What you need

Adams County, North Dakota. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

**No**

ANNUAL SALES CAP

**—**

HOME OCCUPATION / ZONING

**Conditional**

LOCAL HEALTH

**No**

BUSINESS LICENSE

**No**

PICKUP AT THE HOUSE

**Yes**

### HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

### CONTINUE ONLINE

**North Dakota permits PDF →**

<https://crosodo.com/reports/pdf/permits/north-dakota.pdf>

**North Dakota cottage food law page →**

<https://crosodo.com/states/north-dakota>

**Permit page for this place →**

<https://crosodo.com/what-permits/north-dakota/adams-county>

**Adams County cottage food law page →**

<https://crosodo.com/states/north-dakota/adams-county>

Not legal advice. Rules change. Confirm with the office before you file.

## Where to file

### State

North Dakota registration: No. Routine kitchen inspection: No. Transactions must be directly between the cottage food operator and the 'informed end consumer' and solely for home consumption. Products may not be sold or used in any food establishment, food processing plant, or food store. No wholesale channel is permitted.

North Dakota permits PDF: [crosodo.com/reports/pdf/permits/north-dakota.pdf](https://crosodo.com/reports/pdf/permits/north-dakota.pdf)

State law page: [crosodo.com/states/north-dakota](https://crosodo.com/states/north-dakota)

North Dakota Department of Health and Human Services (formerly Department of Health): <https://www.ndhealth.gov/foodlodging/cottagefood/>

Statute: [N.D. Cent. Code §23-09.5-01 through §23-09.5-02](#)

### Zoning / home occupation

Conditional. ND statute (§23-09.5-02(1)) expressly prohibits state agencies and political subdivisions from requiring licensure, permitting, or certification for cottage food. Adams County is a very small, rural county with limited zoning. Standard home occupation general zoning rules may apply to home-based businesses generally, but cottage food is statutorily preempted from local permitting.

### Health

No. State may investigate complaints related to foodborne illness. No routine inspections.

### Business license

No

### Pickup / delivery

Sales may occur at farm, ranch, farmers market, farm stand, home-based kitchen, or any non-prohibited venue, including delivery. Direct producer-to-consumer transactions only.

### If you rent a commissary kitchen

**Local health units license food establishments.** North Dakota cottage food is a home path. A commissary is a food establishment licensed by the local health unit.

Official source: [ND HHS food and lodging](#)

Local health office we have on file: <https://www.adamscounty.gov>

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

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### SOURCES

<https://www.adamscounty.gov>

<https://ndlegis.gov/cencode/t23c09-5.pdf>

<https://www.hhs.nd.gov/health/food-and-lodging/cottage-food>

## Adams County and nearby places

| Regulation                 | Adams County                                                                                                                                   | Grant County | Hettinger County |
|----------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|--------------|------------------|
| HOME KITCHEN ALLOWED       | Yes                                                                                                                                            | —            | —                |
| SEPARATE DEDICATED KITCHEN | No                                                                                                                                             | —            | —                |
| PETS ALLOWED               | No state restriction specified.                                                                                                                | —            | —                |
| INSPECTION REQUIRED        | No                                                                                                                                             | —            | —                |
| ON-SITE CUSTOMER PICKUP    | Yes                                                                                                                                            | —            | —                |
| ON-SITE SIGNAGE            | Conditional                                                                                                                                    | —            | —                |
| DELIVERY / PICKUP          | Sales may occur at farm, ranch, farmers market, farm stand, home-based kitchen, or any non-prohibited venue, including delivery. Direct pro... | —            | —                |
| HOME OCCUPATION PERMIT     | Conditional                                                                                                                                    | No           | No               |
| LOCAL BUSINESS LICENSE     | No                                                                                                                                             | —            | —                |
| RESTRICTIONS               | No sales cap, no registration, no inspection, no licensing required. Direct sales to informed end consumer only. Products must include cons... | —            | —                |
| FOOD STORAGE               | No specific state requirement beyond keeping products safe for consumption.                                                                    | —            | —                |
| POPULATION                 | 2,198                                                                                                                                          | 2,320        | 2,477            |

## More pages for this place

These Crosodo pages cover the same home cottage-food path:

North Dakota permits PDF: [crosodo.com/reports/pdf/permits/north-dakota.pdf](https://crosodo.com/reports/pdf/permits/north-dakota.pdf)

North Dakota cottage food law: [crosodo.com/states/north-dakota](https://crosodo.com/states/north-dakota)

Adams County cottage food law: [crosodo.com/states/north-dakota/adams-county](https://crosodo.com/states/north-dakota/adams-county)