

## COTTAGE BAKERY FROM HOME

# Can I sell from my kitchen in Le Flore County, Oklahoma?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-06.

STATE FOOD PERMIT

**No**

HOME OCCUPATION

**Varies**

BUSINESS LICENSE

**Varies**

SALES CAP

**\$75,000 / year**

OKLAHOMA RULES. OPEN THESE FIRST.

[Oklahoma permits PDF](#)[Oklahoma cottage food law page](#)[Oklahoma State Department of Health cottage food program](#)[Statute: 2 O.S. §5-4.1 through §5-4.6 \(Homemade Food Freedom Act\)](#)**NOT LEGAL ADVICE**

This is what it takes to sell from a home kitchen in Le Flore County. Confirm each step with Planning, Health, and the license office before you sell.

## What you need

Le Flore County, Oklahoma. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

No

ANNUAL SALES CAP

\$75,000 / year

HOME OCCUPATION / ZONING

Varies

LOCAL HEALTH

No

BUSINESS LICENSE

Varies

PICKUP AT THE HOUSE

Yes

### HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

### CONTINUE ONLINE

[Oklahoma permits PDF →](https://crosodo.com/reports/pdf/permits/oklahoma.pdf)

<https://crosodo.com/reports/pdf/permits/oklahoma.pdf>

[Oklahoma cottage food law page →](https://crosodo.com/states/oklahoma)

<https://crosodo.com/states/oklahoma>

[Permit page for this place →](https://crosodo.com/what-permits/oklahoma/le-flore-county)

<https://crosodo.com/what-permits/oklahoma/le-flore-county>

[Le Flore County cottage food law page →](https://crosodo.com/states/oklahoma/le-flore-county)

<https://crosodo.com/states/oklahoma/le-flore-county>

Not legal advice. Rules change. Confirm with the office before you file.

## Where to file

### State

Oklahoma registration: No. Routine kitchen inspection: No. Sales are permitted on site, by delivery, at farmers markets, through cooperatives, and through membership-based buying clubs. The Oklahoma Department of Agriculture, Food, and Forestry may promulgate rules to allow sales at other locations or by other means. County ordinances may regulate but may not conflict with or impede the Act. For TCS foods, the producer must complete an approved food safety training (e.g., ServSafe Food Handler Training, max 8 hours, available online) before selling.

Oklahoma permits PDF: [crosodo.com/reports/pdf/permits/oklahoma.pdf](https://crosodo.com/reports/pdf/permits/oklahoma.pdf)

State law page: [crosodo.com/states/oklahoma](https://crosodo.com/states/oklahoma)

Oklahoma State Department of Health: <https://oklahoma.gov/health/protective-health/consumer-health-service/food-safety/homemade-food-freedom-act.html>

Statute: [2 O.S. §5-4.1 through §5-4.6 \(Homemade Food Freedom Act\)](#)

### Zoning / home occupation

Varies. Le Flore County unincorporated areas: no county-wide zoning ordinance identified. City of Poteau (county seat) requires a business license and home occupation permit for home-based businesses within city limits. State law (§5-4.6) allows counties to adopt non-conflicting ordinances.

### Health

No. No routine inspection. ODAFF may investigate upon complaint of foodborne illness or labeling violation; may request proof of food safety training for TCS food producers

### Business license

Varies

### Pickup / delivery

Sales allowed on-site (home), by delivery, at farmers markets, through cooperatives, and through membership-based buying clubs. Non-TCS foods may also be sold through third-party retail vendors (grocery stores, farm stands, farmers markets, craft fairs) if vendor displays required allergen/unlicensed disclosure placard. Producer or producer's agent may deliver in-state.

### If you rent a commissary kitchen

**A commissary is a food-service license, not Food Freedom.** Oklahoma Homemade Food Freedom is a home path. A commissary is a food establishment licensed by the State Department of Health.

Official source: [Oklahoma food service](#)

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

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**SOURCES**

<https://oklahoma.gov/health/protective-health/consumer-health-service/food-safety/homemade-food-freedom-act.html>

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<https://extension.okstate.edu/fact-sheets/homemade-food-freedom-act-fapc-242>

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[https://www.oklegislature.gov/cf\\_pdf/2021-22%20ENR/hB/HB1032%20ENR.PDF](https://www.oklegislature.gov/cf_pdf/2021-22%20ENR/hB/HB1032%20ENR.PDF)

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## Le Flore County and nearby places

| Regulation                 | Le Flore County                                                                                                                                 | Sequoyah County                                                                                                                                 | McCurtain County                                                                                                                                |
|----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| HOME KITCHEN ALLOWED       | Yes                                                                                                                                             | Yes                                                                                                                                             | Yes                                                                                                                                             |
| SEPARATE DEDICATED KITCHEN | No                                                                                                                                              | No                                                                                                                                              | No                                                                                                                                              |
| PETS ALLOWED               | Not specified in state law; standard sanitation practices apply                                                                                 | Not specified in state law; good sanitation practices implied                                                                                   | Not specified in state law; standard sanitation practices apply                                                                                 |
| INSPECTION REQUIRED        | No                                                                                                                                              | No                                                                                                                                              | No                                                                                                                                              |
| ON-SITE CUSTOMER PICKUP    | Yes                                                                                                                                             | Yes                                                                                                                                             | Yes                                                                                                                                             |
| ON-SITE SIGNAGE            | Conditional                                                                                                                                     | Conditional                                                                                                                                     | Conditional                                                                                                                                     |
| DELIVERY / PICKUP          | Sales allowed on-site (home), by delivery, at farmers markets, through cooperatives, and through membership-based buying clubs. Non-TCS foo...  | Producer or producer's designated agent may deliver in-state only. Third-party delivery services not permitted for TCS foods.                   | Sales allowed on-site (home), by delivery, at farmers markets, through cooperatives, and through membership-based buying clubs. Non-TCS foo...  |
| HOME OCCUPATION PERMIT     | Varies                                                                                                                                          | Varies                                                                                                                                          | No                                                                                                                                              |
| LOCAL BUSINESS LICENSE     | Varies                                                                                                                                          | Varies                                                                                                                                          | No                                                                                                                                              |
| RESTRICTIONS               | Production must occur at producer's primary residence. Annual gross sales cap of \$75,000. Non-TCS foods: no license, inspection, or registr... | Producer must reside in the home. Annual sales cap of \$75,000. TCS foods require completion of food safety training prior to sale. Labeling... | Production must occur at producer's primary residence. Annual gross sales cap of \$75,000. Non-TCS foods: no license, inspection, or registr... |
| FOOD STORAGE               | Not specified in state law; standard food safety practices implied                                                                              | Proper food storage implied under sanitation requirements                                                                                       | Not specified in state law; standard food safety practices implied                                                                              |
| POPULATION                 | 50,384                                                                                                                                          | 42,667                                                                                                                                          | 32,832                                                                                                                                          |

## More pages for this place

These Crosodo pages cover the same home cottage-food path:

Oklahoma permits PDF: [crosodo.com/reports/pdf/permits/oklahoma.pdf](https://crosodo.com/reports/pdf/permits/oklahoma.pdf)

Oklahoma cottage food law: [crosodo.com/states/oklahoma](https://crosodo.com/states/oklahoma)

Le Flore County cottage food law: [crosodo.com/states/oklahoma/le-flore-county](https://crosodo.com/states/oklahoma/le-flore-county)