

COTTAGE BAKERY FROM HOME

Can I sell from my kitchen in Hamblen County, Tennessee?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-05.

STATE FOOD PERMIT	HOME OCCUPATION	BUSINESS LICENSE	SALES CAP
No	Varies	Varies	—

TENNESSEE RULES. OPEN THESE FIRST.

[Tennessee permits PDF](#)

[Tennessee cottage food law page](#)

[Tennessee Department of Agriculture cottage food program](#)

[Statute: Tenn. Code §53-1-125 \(Food Freedom Act\)](#)

NOT LEGAL ADVICE

This is what it takes to sell from a home kitchen in Hamblen County. Confirm each step with Planning, Health, and the license office before you sell.

What you need

Hamblen County, Tennessee. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

No

ANNUAL SALES CAP

—

HOME OCCUPATION / ZONING

Varies

LOCAL HEALTH

No

BUSINESS LICENSE

Varies

PICKUP AT THE HOUSE

Yes

HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

CONTINUE ONLINE

Tennessee permits PDF →

<https://crosodo.com/reports/pdf/permits/tennessee.pdf>

Tennessee cottage food law page →

<https://crosodo.com/states/tennessee>

Permit page for this place →

<https://crosodo.com/what-permits/tennessee/hamblen-county>

Hamblen County cottage food law page →

<https://crosodo.com/states/tennessee/hamblen-county>

Not legal advice. Rules change. Confirm with the office before you file.

Where to file

State

Tennessee registration: No. Routine kitchen inspection: No. The Tennessee Food Freedom Act (Public Chapter 862, effective July 1, 2022) broadly exempts production and sale of non-TCS homemade food items from all licensing, permitting, inspecting, packaging, and labeling laws. Sales may be direct to consumer in person or remotely. Local government ordinances restricting homemade food sales are preempted. Note: Prior to the 2022 Food Freedom Act, the older domestic kitchen regulations (TDA Chapter 0080-4-11) required a permit, inspection, and food safety certification, and limited sales to 100 units/week; the Food Freedom Act supersedes these requirements for qualifying non-TCS homemade foods.

Tennessee permits PDF: crosodo.com/reports/pdf/permits/tennessee.pdf

State law page: crosodo.com/states/tennessee

Tennessee Department of Agriculture: <https://www.tn.gov/agriculture/businesses/food/food-manufacturing/domestic-kitchen.html>

Statute: [Tenn. Code §53-1-125 \(Food Freedom Act\)](#)

Zoning / home occupation

Varies. Hamblen County includes Morristown in east Tennessee. No state-level permit required. Local zoning may apply for home-based businesses. Contact Hamblen County Planning at (423) 585-4055.

Health

No. No routine inspection; DOH may investigate foodborne illness reports

Business license

Varies

Pickup / delivery

Direct and indirect sales allowed. No restrictions on delivery, farmers markets, online, or retail under the Food Freedom Act.

If you rent a commissary kitchen

A commissary is a food-service permit. Food Freedom is not. Tennessee Food Freedom covers qualifying homemade non-TCS food. A commissary is a food service establishment permitted by the local health department.

Official source: [TN food service](#)

Local health office we have on file: <https://www.hamblencounty.gov>

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

SOURCES

<https://www.hamblencounty.gov>

<https://www.tn.gov/agriculture/businesses/food/food-manufacturing/domestic-kitchen.html>

<https://law.justia.com/codes/tennessee/2021/title-53/chapter-8/>

Hamblén County and nearby places

Regulation	Hamblén County	Greene County	Hawkins County
HOME KITCHEN ALLOWED	Yes	Yes	Yes
SEPARATE DEDICATED KITCHEN	No	No	No
PETS ALLOWED	No specific state prohibition	Not specified in state law	No specific TN state or Hawkins County rule; standard food safety practices recommended.
INSPECTION REQUIRED	No	No	No
ON-SITE CUSTOMER PICKUP	Yes	Yes	Yes
ON-SITE SIGNAGE	Yes	Conditional	Conditional
DELIVERY / PICKUP	Direct and indirect sales allowed. No restrictions on delivery, farmers markets, online, or retail under the Food Freedom Act.	Indirect sales allowed at markets, online sales permitted; delivery by producer permitted in-state	No restrictions on sales channels under TN Food Freedom Act. Direct, online, delivery, pickup all permitted. Indirect sales (retail stores)...
HOME OCCUPATION PERMIT	Varies	Varies	Varies
LOCAL BUSINESS LICENSE	Varies	Varies	Varies
RESTRICTIONS	Tennessee Food Freedom Act broadly deregulates non-TCS homemade food production from a private residence. No licensing, permit, inspection,...	No sales cap. No registration required. No inspection required. All non-TCS homemade foods allowed. Indirect sales allowed (farmers markets...	Broad exemption for all non-TCS homemade foods produced at producer's private residence. No license, permit, inspection, or sales cap requi...
FOOD STORAGE	Non-TCS shelf-stable foods; proper storage recommended	Appropriate storage for non-TCS products	Products must be non-TCS (no refrigeration required). No formal storage rules under TN Food Freedom Act.
POPULATION	64,531	70,399	57,107

More pages for this place

These Crosodo pages cover the same home cottage-food path:

Tennessee permits PDF: crosodo.com/reports/pdf/permits/tennessee.pdf

Tennessee cottage food law: crosodo.com/states/tennessee

Hamblén County cottage food law: crosodo.com/states/tennessee/hamblén-county