

COTTAGE BAKERY FROM HOME

Can I sell from my kitchen in Sullivan County, Tennessee?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-05.

STATE FOOD PERMIT

No

HOME OCCUPATION

Varies

BUSINESS LICENSE

Varies

SALES CAP

—

TENNESSEE RULES. OPEN THESE FIRST.

[Tennessee permits PDF](#)[Tennessee cottage food law page](#)[Tennessee Department of Agriculture cottage food program](#)[Statute: Tenn. Code §53-1-125 \(Food Freedom Act\)](#)**NOT LEGAL ADVICE**

This is what it takes to sell from a home kitchen in Sullivan County. Confirm each step with Planning, Health, and the license office before you sell.

What you need

Sullivan County, Tennessee. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

No

ANNUAL SALES CAP

—

HOME OCCUPATION / ZONING

Varies

LOCAL HEALTH

No

BUSINESS LICENSE

Varies

PICKUP AT THE HOUSE

Yes

HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

CONTINUE ONLINE

[Tennessee permits PDF →](#)

<https://crosodo.com/reports/pdf/permits/tennessee.pdf>

[Tennessee cottage food law page →](#)

<https://crosodo.com/states/tennessee>

[Permit page for this place →](#)

<https://crosodo.com/what-permits/tennessee/sullivan-county>

[Sullivan County cottage food law page →](#)

<https://crosodo.com/states/tennessee/sullivan-county>

Not legal advice. Rules change. Confirm with the office before you file.

Where to file

State

Tennessee registration: No. Routine kitchen inspection: No. The Tennessee Food Freedom Act (Public Chapter 862, effective July 1, 2022) broadly exempts production and sale of non-TCS homemade food items from all licensing, permitting, inspecting, packaging, and labeling laws. Sales may be direct to consumer in person or remotely. Local government ordinances restricting homemade food sales are preempted. Note: Prior to the 2022 Food Freedom Act, the older domestic kitchen regulations (TDA Chapter 0080-4-11) required a permit, inspection, and food safety certification, and limited sales to 100 units/week; the Food Freedom Act supersedes these requirements for qualifying non-TCS homemade foods.

Tennessee permits PDF: crosodo.com/reports/pdf/permits/tennessee.pdf

State law page: crosodo.com/states/tennessee

Tennessee Department of Agriculture: <https://www.tn.gov/agriculture/businesses/food/food-manufacturing/domestic-kitchen.html>

Statute: [Tenn. Code §53-1-125 \(Food Freedom Act\)](#)

Zoning / home occupation

Varies. Sullivan County may have home occupation zoning requirements. No county-specific cottage food overlay identified. State law does not require any permit for cottage food.

Health

No. TDA may investigate for foodborne illness. No routine inspection.

Business license

Varies

Pickup / delivery

Sales allowed anywhere — direct, online, retail, wholesale, restaurant sales all permitted under the Food Freedom Act for non-TCS foods. No geographic restriction within Tennessee.

If you rent a commissary kitchen

A commissary is a food-service permit. Food Freedom is not. Tennessee Food Freedom covers qualifying homemade non-TCS food. A commissary is a food service establishment permitted by the local health department.

Official source: [TN food service](#)

Local health office we have on file: <https://www.sullivancounty.gov>

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

SOURCES

<https://www.sullivancounty.gov>

<https://www.tn.gov/agriculture/businesses/food/food-manufacturing/domestic-kitchen.html>

<https://law.justia.com/codes/tennessee/2021/title-53/chapter-8/>

Sullivan County and nearby places

Regulation	Sullivan County	Washington County	Hawkins County
HOME KITCHEN ALLOWED	Yes	Yes	Yes
SEPARATE DEDICATED KITCHEN	No	No	No
PETS ALLOWED	No specific state restriction on pets in home for cottage food.	Not prohibited by state statute.	No specific TN state or Hawkins County rule; standard food safety practices recommended.
INSPECTION REQUIRED	No	No	No
ON-SITE CUSTOMER PICKUP	Yes	Yes	Yes
ON-SITE SIGNAGE	Conditional	Conditional	Conditional
DELIVERY / PICKUP	Sales allowed anywhere — direct, online, retail, wholesale, restaurant sales all permitted under the Food Freedom Act for non-TCS foods. No...	Sales permitted from home, farmers markets, events, online, retail, and restaurants. Broad allowance under Tennessee Food Freedom Act.	No restrictions on sales channels under TN Food Freedom Act. Direct, online, delivery, pickup all permitted. Indirect sales (retail stores)...
HOME OCCUPATION PERMIT	Varies	Varies	Varies
LOCAL BUSINESS LICENSE	Varies	Varies	Varies
RESTRICTIONS	Tennessee Food Freedom Act (eff. July 1, 2022) broadly allows all non-TCS homemade foods from a private residence. No license, permit, insp...	Tennessee Food Freedom Act (2022) broadly deregulates non-TCS homemade food production and sales. No licensing, permit, inspection, or labe...	Broad exemption for all non-TCS homemade foods produced at producer's private residence. No license, permit, inspection, or sales cap requi...
FOOD STORAGE	Non-TCS foods only; proper storage practices recommended.	Non-TCS foods only; stored in food-safe containers.	Products must be non-TCS (no refrigeration required). No formal storage rules under TN Food Freedom Act.
POPULATION	158,722	133,282	57,107

More pages for this place

These Crosodo pages cover the same home cottage-food path:

Tennessee permits PDF: crosodo.com/reports/pdf/permits/tennessee.pdf

Tennessee cottage food law: crosodo.com/states/tennessee

Sullivan County cottage food law: crosodo.com/states/tennessee/sullivan-county