

COTTAGE BAKERY FROM HOME

Can I sell from my kitchen in Sweetwater County, Wyoming?

Home kitchen sales. Not a shop or rented commercial kitchen. Last verified 2026-05-06.

STATE FOOD PERMIT

No

HOME OCCUPATION

Varies

BUSINESS LICENSE

Varies

SALES CAP

—

WYOMING RULES. OPEN THESE FIRST.

[Wyoming permits PDF](#)[Wyoming cottage food law page](#)[Wyoming Department of Agriculture cottage food program](#)[Statute: Wyo. Stat. §11-49-101 through §11-49-104 \(Wyoming Food Freedom Act\)](#)**NOT LEGAL ADVICE**

This is what it takes to sell from a home kitchen in Sweetwater County. Confirm each step with Planning, Health, and the license office before you sell.

What you need

Sweetwater County, Wyoming. File every Yes. Confirm every Check or Ask. Stay under the sales cap.

STATE FOOD PERMIT

No

ANNUAL SALES CAP

—

HOME OCCUPATION / ZONING

Varies

LOCAL HEALTH

No

BUSINESS LICENSE

Varies

PICKUP AT THE HOUSE

Yes

HOME KITCHEN ONLY

If you want a shop or a rented commercial kitchen, these rows do not apply.

CONTINUE ONLINE

Wyoming permits PDF →

<https://crosodo.com/reports/pdf/permits/wyoming.pdf>

Wyoming cottage food law page →

<https://crosodo.com/states/wyoming>

Permit page for this place →

<https://crosodo.com/what-permits/wyoming/sweetwater-county>

Sweetwater County cottage food law page →

<https://crosodo.com/states/wyoming/sweetwater-county>

Not legal advice. Rules change. Confirm with the office before you file.

Where to file

State

Wyoming registration: No. Routine kitchen inspection: No. Wyoming's Food Freedom Act allows considerably broader indirect sales than most states. Non-potentially hazardous foods, eggs, and dairy products may be sold through third-party vendors (retail shops, grocery stores) as long as the sale complies with the Act. The third-party seller must inform consumers that the food is not certified, licensed, or inspected, and non-potentially hazardous foods must be displayed separately from licensed products with a label stating 'this food was made in a home kitchen, is not regulated or inspected and may contain allergens.' Potentially hazardous homemade foods (except eggs/dairy) must be sold by the producer or designated agent only. A 'designated agent' may also facilitate transactions including marketing, transport, storage, and delivery without taking ownership of the product.

Wyoming permits PDF: crosodo.com/reports/pdf/permits/wyoming.pdf

State law page: crosodo.com/states/wyoming

Wyoming Department of Agriculture: <https://wyagric.gov/divisions/chs/food-safety/wyoming-food-freedom>

Statute: [Wyo. Stat. §11-49-101 through §11-49-104 \(Wyoming Food Freedom Act\)](#)

Zoning / home occupation

Varies. No county-level home occupation permit identified for unincorporated Sweetwater County. City of Rock Springs and City of Green River may require home occupation permits under their respective municipal zoning codes. Operators in Rock Springs or Green River should contact respective city planning departments. Wyoming Food Freedom Act exempts home-based food operations from state licensing.

Health

No. No routine inspection under Wyoming Food Freedom Act.

Business license

Varies

Pickup / delivery

Sales permitted at farmers markets, farms, ranches, producer's homes, or any location agreed upon by producer and informed end consumer. Non-potentially hazardous foods may also be sold through third-party retailers. No interstate commerce.

If you rent a commissary kitchen

Food Freedom is a home path. A commissary is a food establishment. Wyoming Food Freedom covers homemade food sold under that Act. A commissary used as a food establishment is licensed by the local health department.

Official source: [Wyoming food safety](#)

Local health office we have on file: <https://www.sweetwaterwy.com/>

This file is the home-kitchen path. A rented kitchen uses a different permit. Ask the kitchen manager which license they expect, then call the local health office.

SOURCES

<https://www.sweetwaterwy.com/>

<https://wyagric.gov/divisions/chs/food-safety/wyoming-food-freedom>

Sweetwater County and nearby places

Regulation	Sweetwater County	Fremont County	Uinta County
HOME KITCHEN ALLOWED	Yes	Yes	Yes
SEPARATE DEDICATED KITCHEN	No	No	No
PETS ALLOWED	No specific pet restriction in state Food Freedom Act.	No specific pet restriction in state Food Freedom Act.	No specific pet restriction in state Food Freedom Act.
INSPECTION REQUIRED	No	No	No
ON-SITE CUSTOMER PICKUP	Yes	Yes	Yes
ON-SITE SIGNAGE	Conditional	Yes	Conditional
DELIVERY / PICKUP	Sales permitted at farmers markets, farms, ranches, producer's homes, or any location agreed upon by producer and informed end consumer. No...	Sales permitted at farmers markets, farms, ranches, producer's homes, or any location agreed upon by producer and informed end consumer. No...	Sales permitted at farmers markets, farms, ranches, producer's homes, or any location agreed upon by producer and informed end consumer. No...
HOME OCCUPATION PERMIT	Varies	No	Varies
LOCAL BUSINESS LICENSE	Varies	No	Varies
RESTRICTIONS	Wyoming Food Freedom Act (§11-49-101 et seq.) permits broad home kitchen sales statewide with no license, permit, or inspection required. S...	Wyoming Food Freedom Act (§11-49-101 et seq.) permits broad home kitchen sales statewide with no license, permit, or inspection required. F...	Wyoming Food Freedom Act (§11-49-101 et seq.) permits broad home kitchen sales statewide with no license, permit, or inspection required. U...
FOOD STORAGE	No licensing, inspection, or packaging requirements under the Food Freedom Act for homemade foods sold to informed end consumers.	No licensing, inspection, or packaging requirements under the Food Freedom Act for homemade foods sold to informed end consumers.	No licensing, inspection, or packaging requirements under the Food Freedom Act for homemade foods sold to informed end consumers.
POPULATION	44,527	40,543	20,984

More pages for this place

These Crosodo pages cover the same home cottage-food path:

Wyoming permits PDF: crosodo.com/reports/pdf/permits/wyoming.pdf

Wyoming cottage food law: crosodo.com/states/wyoming

Sweetwater County cottage food law: crosodo.com/states/wyoming/sweetwater-county