

COTTAGE BAKERY FROM HOME

Can I sell from my kitchen in Massachusetts?

Home kitchen sales in Massachusetts. Then check your city or county. Not a shop or rented commercial kitchen. Last verified 2026-05-05.

STATE FOOD PERMIT	KITCHEN INSPECTION	SALES CAP	PLACES IN THIS FILE
Yes	Yes	—	14

MASSACHUSETTS RULES

[Massachusetts cottage food law page](#)

[Massachusetts Department of Public Health cottage food program](#)

[Statute: 105 CMR 590.009\(D\)](#)

NOT LEGAL ADVICE

This is what the state asks for a home cottage bakery. Local zoning still applies even when the state requires no food permit.

What the state asks

Registration: Yes. Routine inspection: Yes. Sales cap: —.

Massachusetts residential kitchens are treated as food establishments, so permitted operators may sell at any venue within the state including restaurants and retail stores, without the wholesale restriction that most cottage food laws impose. Mail order and catering are prohibited. Local boards of health administer permits and may impose additional restrictions.

Massachusetts Department of Public Health: <https://www.mass.gov/info-details/residential-kitchen-permit-information>

Statute: [105 CMR 590.009\(D\)](#)

Massachusetts cottage food law: crosodo.com/states/massachusetts. Pick your city or county: crosodo.com/what-permits.

Massachusetts counties and independent cities

Each city or county can add zoning and a business license. Independent cities are listed separately from the surrounding county.

Place	Home occupation	Business license	Pickup
Barnstable County	Conditional	Varies	Yes
Norfolk County	Varies by city	Varies	Yes
Bristol County	Varies by city	Varies	Yes
Plymouth County	Varies by city	Varies	Yes
Suffolk County	Varies by city	Yes	Yes
Worcester County	Varies by city	Varies	Yes
Essex County	Varies by city	Varies	Yes
Berkshire County	Yes	Yes	Yes
Middlesex County	Varies by city	Varies by city	Yes
Nantucket County	Varies	Varies	Yes
Dukes County	Varies	Varies	Yes
Hampshire County	Yes	Yes	Yes
Franklin County	Yes	Varies	Yes
Hampden County	Yes	Varies	Conditional