

THE LABELING PACK

Cottage Food Labeling & Packaging Templates

A universal compliant label template, state-specific disclaimer language for the 10 biggest states, Canva setup notes, and a packaging compliance quick-reference.

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crosodo.com/resources

A label that meets every state's minimum

Every state cottage food law requires some version of the same six fields. The template below is the union of all 50 — start here, then add anything your state requires above and beyond.

Required label fields (universal)

1. Product name	Plain English. 'Sourdough Bread' not 'SD-01'.
2. Ingredients	In descending order by weight. Sub-ingredients in parens.
3. Net weight	Grams + ounces. Required almost everywhere.
4. Allergens	Bold, in caps, after ingredients. 'CONTAINS: wheat, milk, egg.'
5. Producer info	Your full name + physical address.
6. Cottage food disclaimer	State-specific. Verbatim from your statute.

Sample compliant label (copy this into Canva at 3×2 inches)

Country Sourdough Boule
 Bread flour, water, sourdough starter (bread flour, water), salt.
 CONTAINS: WHEAT.
 Net wt. 850 g (1 lb 14 oz)

Made by Sarah Oh
 123 Maple St., Chesapeake VA 23320

Made in a home kitchen not subject to state inspection.
 Batch 2026-06-07-01 · Best by 2026-06-12

State-specific disclaimer language (sample 10 states)

Use crosodo.com/states for all 50 — the exact wording matters.

State	Required disclaimer
California	"Made in a home kitchen."
Texas	"This food is made in a home kitchen and is not inspected by the Department of State Health Services or a local health department."
Florida	"Made in a cottage food operation that is not subject to Florida's food safety regulations."
New York	"Home processed and packed by [name] [address]. NOT subject to New York State Department of Agriculture and Markets inspection."
Pennsylvania	No disclaimer required (registered).
Virginia	"NOT FOR RESALE — PROCESSED AND PREPARED WITHOUT STATE INSPECTION."
Ohio	"This product is home produced."
Michigan	"Made in a home kitchen that has not been inspected by the Michigan Department of Agriculture & Rural Development."
North Carolina	Plain producer info — no specific disclaimer.
Illinois	"This product was produced in a home kitchen not subject to public health inspection that may also process common food allergens such as tree nuts, peanuts, eggs, soy, wheat, milk, fish, and crustacean shellfish."

Verify before you print 200 labels

Statutes change. Cross-check the language against the source on your state's page at crosodo.com/states the morning you submit a label to print.

Canva template setup (free tier)

- Canvas size: 3 × 2 inches (Avery 22806 oval) or 2 × 2 inches (Avery 22825 square).
- Body font: Source Sans 3 or Inter at 9–10 pt. Anything smaller fails state legibility tests.
- Brand color: 1 accent only. The label has to be readable, not pretty.
- Leave 0.125" bleed on every edge.
- Save as a 'Template' — Canva will copy it for each SKU.
- Export at 300 DPI PNG for sticker printers, or PDF for label sheets.

Packaging compliance quick-reference

Package	Required	Allowed?	Notes
Cellophane bag + sticker	Sticker on outside	Yes in all 50	Cheapest, most flexible
Brown paper bag, stapled	Sticker on outside	Yes in most	Some states require sealed
Cardboard box	Sticker on top	Yes everywhere	Costlier; better for gifts
Shrink wrap	Sticker under wrap	Yes everywhere	Tamper-evident bonus
Glass jar (jams etc)	Label on jar	Allowed in jam states only	Check sealing requirements
Unwrapped (display only)	Card in front	NOT allowed for sale	Sampling only

None of this is legal advice. Verify with your state's department of agriculture, your local health department, and your city or county planning office before relying on any of it.